

2019 Girls Swimming & Diving All-State Awards

(Individual(s), School, Time/Score)

200 Medley Relay:

1st Team:

Katie Broderick, Mary Martin, Berit Quass, Cassie Rounds; Dowling Catholic 1:42.54

2nd Team:

Abby McCorkle, Kirsti Robertson, Annie Galvin, Meghan Donald; Ames 1:45.16

Honorable Mention:

Alexis Henning, Erica Peters, Scout Bergwall, Jasmine Rumley; Ankeny 1:45.39

200 Freestyle:

1st Team:

Aurora Roghair; Iowa City West 1:48.85

Jessi Wigham; Waukee 1:49.07

Meg Susil; Dowling Catholic 1:50.82

2nd Team:

Brinley Horras; Ames 1:52.44

Mary Sweetman; Dowling Catholic 1:52.60

Emma Bachelder; Decorah 1:54.16

Honorable Mention:

Hope Cvrk; SC Metro 1:54.98

Karlie Welbes; Dubuque Wahlert 1:55.59

Madison Carleton; Ankeny 1:55.63

200 Individual Medley:

1st Team:

Scarlet Martin; Iowa City West 2:02.56

Hayley Kimmel; Linn-Mar 2:03.03

Annie Galvin; Ames 2:05.41

2nd Team:

Olivia Swalley; Johnston 2:05.49

Mary Martin; Dowling Catholic 2:05.74

Julia Sweetman; Dowling Catholic 2:06.09

Honorable Mention:

Anna Hamling; Waukee 2:06.39

Arianna Ottavianelli; Bettendorf 2:08.69

Sami Roemer; Bettendorf 2:07.24

50 Freestyle:

1st Team:

Jasmine Rumley; Ankeny 22.53

Meghan Donald; Ames 23.16

Grace Frericks; Cedar Falls 23.65

2nd Team:

Carley Caughron; Waterloo 23.83

Anna Pfeiffer; Dub Senior 24.01

Emma Clark; Cedar Falls 24.08

Honorable Mention:

Cassie Rounds; Dowling Catholic 24.28

Abby Rastetter; Johnston 24.49

Mikayla Kloth; Ames 24.30

100 Butterfly:**1st Team:**

Scarlet Martin; Iowa City West	53.41
Berit Quass; Dowling Catholic	54.71
Carley Caughron; Waterloo	56.73

2nd Team:

Hope Cvrk; Sioux City Metro	57.02
Mia Moulden; Ames	57.37
Anna Hamling; Waukeez	57.72

Honorable Mention:

Scout Bergwall; Ankeny	57.75
Olivia Masterson; Iowa City High	57.98
Lily Ernst; Iowa City West	57.68

100 Freestyle:**1st Team:**

Jasmine Rumley; Ankeny	49.03
Mikayla Kloth; Ames	52.02
Carly Weigel; Iowa City High	52.17

2nd Team:

Katie Broderick; Dowling Catholic	52.19
Mary Sweetman; Dowling Catholic	52.64
Gracie Wesselmann; Ames	52.82

Honorable Mention:

Anna Pfeiffer; Dubuque Senior	52.98
Emma Clark; Cedar Falls	53.33
Ellie Clark; Dowling Catholic	53.39

500 Freestyle:**1st Team:**

Aurora Roghair; Iowa City West	4:50.87
Berit Quass; Dowling Catholic	4:52.72
Jessi Wigham; Waukeez	4:54.76

2nd Team:

Meg Susil; Dowling Catholic	4:58.66
Brinley Horras; Ames	5:02.91
Madison Carleton; Ankeny	5:05.46

Honorable Mention:

Maggie Eure; Dowling Catholic	5:09.36
Audrey Repko; Cedar Rapids Kennedy	5:09.51
Karlie Welbes; Dubuque Wahlert	5:07.93

200 Freestyle Relay:**1st Team:**

Meghan Donald, Mikayla Kloth, Gracie Wesselmann, Brinley Horras; Ames	1:34.83
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2nd Team:

Mary Sweetman, Mary Martin, Meg Susil, Cassie Rounds; Dowling Catholic	1:35.82
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Honorable Mention:

Ella Hochstetler, Olivia Taeger, Scarlet Martin, Aurora Roghair; Iowa City West	1:35.89
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100 Backstroke:**1st Team:**

Katie Broderick; Dowling Catholic	55.53
Annie Galvin; Ames	55.74
Grace Frericks; Cedar Falls	55.83

2nd Team:

Mia Moulden; Ames	56.79
Sami Roemer; Bettendorf	56.91
Carly Weigel; Iowa City High	57.35

Honorable Mention:

Abby Rastetter; Johnston	58.23
Ceclie Lorenzen; Des Moines Roosevelt	58.65
Ellie Clark; Dowling Catholic	57.66

100 Breaststroke:**1st Team:**

Mary Martin; Dowling Catholic	1:03.33
Hayley Kimmel; Linn-Mar	1:03.68
Olivia Masterson; Iowa City High	1:04.10

2nd Team:

Meghan Donald; Ames	1:04.85
Taylor Buhr; Pleasant Valley	1:05.21
Olivia Swalley; Johnston	1:05.52

Honorable Mention:

Arianna Ottavianelli; Bettendorf	1:05.60
Kirsti Robertson; Ames	1:06.99
Emma Bachelder; Decorah	1:06.53

400 Freestyle Relay:**1st Team:**

Mary Sweetman, Julia Sweetman, Berit Quass, Katie Broderick; Dowling Catholic	3:28.11
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2nd Team:

Jade Roghair, Aurora Roghair, Lily Ernst, Scarlet Martin; Iowa City West	3:28.64
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Honorable Mention:

Annie Galvin, Mikayla Kloth, Gracie Wesselmann, Brinley Horras; Ames	3:29.98
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1 Meter Diving:**1st Team:**

Sydney Jorgense; Ankeny	513.20
Joscelyn Buss; Ames	485.70
Lauren Kimball; Waterloo	481.00

2nd Team:

Sydney Hanson; Bettendorf	451.90
Ashton Syharath; Cedar Falls	438.35
Megan Norris; Linn-Mar	447.80

Honorable Mention:

Ciara Wheeler; Johnston	431.70
Samantha Klein; Iowa City West	415.90
Avery Markowski; Dowling Catholic	412.70