

# Iowa High School Swimming Coaches Association

**Spring Meeting and Clinic**

**Location: Cedar Rapids**

**April 25-26**

## Featuring: Members of the University of Michigan Coaching Staff

We are proud to announce that Coaches Rick Bishop and Mark Hill will be presenting at this year's clinic.

Rick Bishop just concluded his second year on the Michigan swimming coaching staff, serving as the associate head coach for the women's swimming and diving team. While primarily working with the women's team, Bishop was on deck to coach the men's team at the 2013 NCAA Championships, helping the program to its 12th team national title. Prior to Michigan he spent four years with USA Swimming.

Mark Hill recently concluded his fifth season on the University of Michigan swimming and diving staff and his second as assistant coach, working primarily with the men's team. He spent the previous three seasons as the volunteer assistant coach with the men's swimming and diving team before being promoted to full-time staff in August 2012.

Saturday's clinic will include a variety of topics:

An introduction of the coaches and an overview of the University of Michigan Program, followed by in depth sessions which will include construction and correction of swimming strokes. The University of Michigan is known world-wide for the innovative coaching techniques and attention to detail.

**To RSVP, please email Megan Lewis at [mlewis@cr.k12.ia.us](mailto:mlewis@cr.k12.ia.us) by April 15th**

A registration fee of \$25 per member will be collected at the door.

Non-members can attend for a \$35 fee, collected at the door.

### Clinic Schedule

#### Friday, April 25th

6:00 pm Early Registration, Dinner and Business Meeting  
Dublin City  
415 1st St SE

#### Saturday, April 26th

9:00 am Check-in & Registration  
CR Washington HS  
2205 Forest Dr. SE  
Use the Entrance by Main Office

9:30 - 11:30 am Both Michigan Coaches

11:30 am - 1:00 pm Lunch on your own

1:00- 3:00 pm Both Michigan Coaches

**Remember**, at the Friday Business Meeting, we will be discussing the concerns brought up at the Regional and District Meets. If you had a concern, you or a representative must be present to explain/address the issue.

Hotels near by in Cedar Rapids:

Hometown Inn & Suites ([www.hometown.cr.com](http://www.hometown.cr.com))  
3315 Southgate Ct. SW  
319-362-9012

Mainstay Suites 319.363.7829

Hampton Inn 319.294.9407 (block of rooms for \$55/night) State you are with IHSSCA

Holiday Inn Express 319.832.1130  
(Others near Collins Rd. & Blairsferry Rd.)

## Regional & District Concerns (13-14)

<u>Concern</u>	<u>Girls/Boys</u>	<u>School</u>	<u>Action</u>
1. Quikstats required weekly, not just 2 dates	girls	Linn-Mar	
2. Change time of coaches meeting	girls	Dubuque Senior	
3. Change no contact rule for divers	girls	Dubuque Wahlert	
4. More than one class for swimming	girls	Charles City	
5. Change warm down to 1 minute after each event instead of each heat	girls	CF Region	
6. Move to Prelim/Finals format	girls/boys	Lewis Central IC West WDM Valley	
7. Reduce divers to state, overall number of divers dwindling, qualifying 30 when there aren't that many divers in the state	girls	Lewis Central	
8. Eliminate diving, different season	girls	DSM East Indianola DM North	
9. Competitors list for Regional Athletes	girls	Waukee	
10. 4:00 pm diving start impacts host school	girls	Johnston Region	
11. All Regional diving hosts need two boards	girls	IC West	
12. Be able to use track starting blocks at Regionals and State	girls/boys	IC West	
13. Not all teams received e-mails from Meet Manager	girls	Algona	
14. Allow officials to have 1 minute cool downs last few dual meets to prepare for Regionals	girls	Davenport Central	
15. require certain distance for divers from board due to concussion worry	girls	SE Polk	
16. 8 lane pool vs. 6 lane pool in district meet	boys	Hempstead	
17. only pools with cool down pool allowed for district meet	boys	Clinton District	
18. 8 lane pool with cool down area open during District meet	boys	Linn Mar	
19. 3 minute warm down vs. 1 minute after each event instead of each heat	boys	West Waterloo	
20. Present a District Power Point Champion Team trophy	boys	Hempstead	
21. Move state meet away form Marshalltown	boys	Clinton District	
22. Contact rule not followed or enforced	boys	Ames, Fort Dodge, Boone, Sioux City	
23. Hall of Fame process	boys	Ames, Fort Dodge, Storm Lake	
24. Have time standards for state qualifying	boys	Lewis Central	
25. Process of District assignments?	boys	Marshalltown DSM East	
26. Meet mobile concerns at District meet	boys	Johnston	
27. Policy regarding mangers not be allowed on deck at state meet needs to be enforced	boys	CR Washington	



# 2014 SPRING MEETING AGENDA

6:00 PM  
Dublin City (SE), Cedar Rapids

CALL MEETING TO ORDER

MINUTES OF THE 2013 SPRING MEETING

SECRETARY-TREASURER’S REPORT

PRESIDENT’S REPORT

NISCA CONVENTION REPORT

COMMITTEE REPORTS

- T-SHIRT ----- R. YORK
- HALL OF FAME ----- R. LOEFFELHOLZ
- SENIOR SCHOLASTIC ----- E. SNYDER
- DISTRICT COACH OF THE YEAR ----- C. CRUISE
- ALL – STATE AWARDS ----- R. BURR
- SERVICE AWARDS ----- B. SCHOMBURG
- GIRL’S ADVISORY -----

BOY’S ADVISORY -----

NISCA SERVICE AWARDS ----- M. LOUPEE

OLD BUSINESS

- A)
- B)

NEW BUSINESS

- A) District Concerns
- B) Elections (Secretary-Treasurer)

ANNOUNCEMENTS

- A) Coaching Vacancies

ADJOURNMENT