

**Iowa High School Swim Coaches Association**  
**Boys' Power Ratings**  
**50 Yard Freestyle Top Times**

State Record:0:20.32  
 State Cut-Off:0:22.74

National Record:0:19.43  
 Last Updated: 2/11/2012

Automatic All-American:0:20.86  
 Consideration All-American:0:21.17

Place	Time	Name	Year	School	Date	Meet
1	0:20.98	Josh Gill	11	Dubuque Senior	2/11/2012	State
2	0:21.02	Johathan Fiepke	11	WDM Dowling Catholic	2/11/2012	State
3	0:21.29	Haden Calegan	11	Muscatine	1/5/2012	Muscatine v.Bettendorf
4	0:21.62	Tate Jackson	9	Muscatine	2/11/2012	State
5	0:21.77	alex duster	11	Dubuque Senior	2/11/2012	State
6	0:21.78	Kaisen Yao	12	Iowa City West	1/3/2012	Iowa City West vs. Muscatine
7	0:21.79	Tyson Wieland	11	Johnston	2/4/2012	District Meet
8	0:21.8	Brian Ross	12	Johnston	2/11/2012	State
9	0:21.98	Ben Severino	11	WDM Dowling Catholic	2/6/2012	District Meet
10	0:21.99	Jacob Burr	12	Ankeny	2/11/2012	State
11	0:22.03	RJ Hemmingsen	10	Lewis Central	1/7/2012	Johnston Invitational
12	0:22.05	Scott Allison	12	Cedar Rapids Washington	2/4/2012	District
13	0:22.11	Anthony Lehnertz	12	Iowa City West	2/11/2012	State
14	0:22.14	Alex Duster	11	Dubuque Senior	1/21/2012	MVC Varsity
15	0:22.15	Kris Treiber	12	Muscatine	2/11/2012	State
16	0:22.15	Travis Greenwald	11	Muscatine	2/11/2012	State
17	0:22.16	Brady St.John	12	Iowa City	2/11/2012	State
18	0:22.21	Colin Pearson	12	Fort Dodge	1/14/2012	Rusty Garst Invitational
19	0:22.23	Derek Yu	11	WDM Valley	2/6/2012	District Meet
20	0:22.24	Brett Deters	12	Ankeny	2/4/2012	District Meet
21	0:22.27	Kristian Anderson	12	Cedar Rapids Jefferson	2/4/2012	District Meet
22	0:22.28	Chandler Heisler	11	Cedar Rapids Kennedy	2/4/2012	District Meet
23	0:22.3	Nate Tystahl	12	WDM Dowling Catholic	2/11/2012	State
24	0:22.35	Nate Harris	12	WDM Valley	1/7/2012	CR Washington @ WDM Valley
25	0:22.36	Matt Boyd	12	Clinton	1/5/2012	Clinton vs D.North
26	0:22.38	Tyler Cracraft	11	Johnston	1/27/2012	CIML Conference
27	0:22.42	Dylan Johnson	11	Johnston	2/11/2012	State
28	0:22.43	Zach McEntee	12	WDM Dowling Catholic	2/11/2012	State
29	0:22.53	Brandon Farnum	11	Lewis Central	12/22/2011	Omaha Creighton Prep at Lewis
30	0:22.54	Roland Henry	12	Sioux City	1/7/2012	Des Moines Hoover Invitational
31	0:22.55	Buddy Franson	12	Dubuque Senior	2/11/2012	State
32	0:22.59	Michael Stark	12	Ames	2/11/2012	State
33	0:22.6	Trent Jackson	11	Muscatine	12/17/2011	Clinton Invite
34	0:22.63	Tyler Hemingway	12	Clinton	1/27/2012	Clinton vs Muscatine
35	0:22.65	Jacob Klinker	12	Ankeny	1/19/2012	Ankeny v. Dowling Catholic
36	0:22.72	Casey White	11	WDM Valley	2/6/2012	District Meet
37	0:22.74	Alec Rutkowski	10	Dubuque Hempstead	2/4/2012	District Meet
38	0:22.74	Carson Miller	10	Iowa City West	2/4/2012	District Meet
39	0:22.75	Ethan Settle	12	Ankeny	2/4/2012	District Meet
40	0:22.77	Ian Mart	12	Ames	2/4/2012	District Meet
41	0:22.8	Alex Bodin	11	WDM Valley	1/7/2012	CR Washington @ WDM Valley

**Iowa High School Swim Coaches Association**  
**Boys' Power Ratings**  
**50 Yard Freestyle Top Times**

State Record:0:20.32  
 State Cut-Off:0:22.74

National Record:0:19.43  
 Last Updated:2/11/2012

Automatic All-American:0:20.86  
 Consideration All-American:0:21.17

Place	Time	Name	Year	School	Date	Meet
42	0:22.83	Fisher Mollet	12	Sioux City	1/3/2012	Sioux City vs Carroll
43	0:22.88	Matt Krueger	11	Muscatine	2/4/2012	District
44	0:22.89	Matt Thoma	12	Newton	2/6/2012	District Meet
45	0:22.9	Hunter Hofmaier	12	Des Moines Lincoln	2/6/2012	District Meet
46	0:22.91	Alex Lelonek	12	Ames	12/20/2011	Ames vs. Valley
47	0:22.94	Joe Cunningham	12	WDM Valley	1/12/2012	WDM Valley vs Waukee
48	0:22.98	Luke Ketelaar	10	Bettendorf	2/4/2012	District Meet
49	0:22.99	Jake Sund	11	Cedar Falls	2/11/2012	State
50	0:22.99	Adam Rieck	12	Johnston	12/20/2011	Johnston v Dowling
51	0:23.01	Tim Wiedemeier	12	Ames	2/4/2012	District Meet
52	0:23.02	Joe Bruen	12	Fort Dodge	2/4/2012	District Meet
53	0:23.06	Michael Lux	9	Carroll	2/4/2012	District Meet
54	0:23.06	Jimmy Hawk	11	Council Bluffs Abraham	2/6/2012	District Meet
55	0:23.06	Alex Swafford	12	Johnston	12/20/2011	Johnston v Dowling
56	0:23.06	Brandon Ehrecke	12	Pleasant Valley	2/4/2012	District
57	0:23.06	Jaden VanDike	11	WDM Valley	1/12/2012	WDM Valley vs Waukee
58	0:23.08	Harrison Moore	11	Cedar Rapids Kennedy	2/4/2012	District Meet
59	0:23.08	Ian Murphy	12	Waukee	12/20/2011	Waukee vs. Ft. Dodge
60	0:23.1	Brandon Holmes	12	Cedar Rapids Kennedy	2/4/2012	District Meet
61	0:23.1	Jason Orvis	12	Decorah	12/13/2011	Senior VS ICCH VS Decorah
62	0:23.11	Nate Greve	11	Linn-Mar	2/4/2012	District Meet
63	0:23.11	Alex Guelcher	12	Sioux City	1/24/2012	Sioux City @ South Sioux City
64	0:23.15	Mitchell Madson	11	Boone	12/3/2011	Toreador Relays
65	0:23.15	Jakob Kehoe	10	Cedar Rapids Washington	2/4/2012	District
66	0:23.15	Connor Dilger	12	Marshalltown	2/4/2012	District Meet
67	0:23.15	Glenn VanStaalduine	12	Marshalltown	2/4/2012	District Meet
68	0:23.15	Mitch Wiemers	12	Spencer	1/14/2012	Fort Dodge Garst Invite
69	0:23.17	Shawn Mauritz	12	Clinton	12/8/2011	Clinton vs PV
70	0:23.18	Stephen Davick	12	WDM Valley	2/6/2012	District Meet
71	0:23.2	Ben Kurz	12	Council Bluffs Abraham	12/17/2011	Elkhorn Invitational
72	0:23.2	Jake Neyens	12	Southeast Polk	2/6/2012	District Meet
73	0:23.22	Connor Clements	11	Cedar Falls	1/3/2012	Cedar Falls vs ICH
74	0:23.22	JT Triple	11	Waukee	2/4/2012	District Meet
75	0:23.28	David Ruzicka	10	WDM Dowling Catholic	1/19/2012	WDM Dowling vs Ankeny
76	0:23.29	Andrew Howes	12	Clinton	1/27/2012	Clinton vs Muscatine
77	0:23.29	Ike Eyman-Casey	11	Iowa City	2/4/2012	District Meet
78	0:23.29	John Levis	12	Vinton-Shellsburg	2/4/2012	District Meet
79	0:23.34	Brian Burke	10	Pleasant Valley	2/4/2012	District
80	0:23.38	Erik Orvis	12	Decorah	1/14/2012	Rusty Garst Invitational
81	0:23.41	Cody Carlson	11	Johnston	1/19/2012	Johnston v Southeast Polk
82	0:23.42	Randy Mueller	12	Dubuque Hempstead	2/4/2012	District Meet

**Iowa High School Swim Coaches Association**  
**Boys' Power Ratings**  
**50 Yard Freestyle Top Times**

State Record:0:20.32  
 State Cut-Off:0:22.74

National Record:0:19.43  
 Last Updated:2/11/2012

Automatic All-American:0:20.86  
 Consideration All-American:0:21.17

Place	Time	Name	Year	School	Date	Meet
83	0:23.43	Ben Miller	12	WDM Dowling Catholic	1/19/2012	WDM Dowling vs Ankeny
84	0:23.44	Geoff Root	11	WDM Dowling Catholic	1/28/2012	CIML Central Conference
85	0:23.46	Justin Shaver	11	Southeast Polk	2/6/2012	District Meet
86	0:23.47	Alex Pyle	10	Ames	12/1/2011	Ames vs. Roosevelt
87	0:23.49	Mitchell Rogers	12	Fort Dodge	2/4/2012	District Meet
88	0:23.5	Fisher Herald	12	Muscatine	1/28/2012	Muscatine Invite
89	0:23.5	Michael Cahill	11	Muscatine	1/28/2012	Muscatine Invite
90	0:23.52	Garrett Rowe	11	Waukee	2/4/2012	District Meet
91	0:23.53	Max Ward	11	Des Moines Roosevelt	12/1/2011	Roosevelt v Ames
92	0:23.57	Connor Kenworthy	12	Des Moines Roosevelt	1/28/2012	CIML Conference Meet
93	0:23.6	Sami Scheetz	10	Cedar Rapids Washington	1/7/2012	CR Wash vs West Des Moines
94	0:23.62	Nate Menuey	12	Marshalltown	2/4/2012	District Meet
95	0:23.65	Wyatt Rowe	12	Mason City	12/1/2011	Mason City vs Johnston
96	0:23.66	Mitch Arends	12	Des Moines Roosevelt	1/5/2012	Johnston Invitational
97	0:23.67	Lance Scallon	11	Cedar Rapids Jefferson	1/17/2012	Cedar Rapids Jefferson vs Wat.
98	0:23.68	Luke Norcross	11	Newton	2/6/2012	District Meet
99	0:23.7	Gene Nassif	12	Cedar Rapids Washington	2/4/2012	District
100	0:23.71	Nathan Heyerhoff	12	Waterloo West	2/4/2012	District Meet
101	0:23.73	Ramsey Allen	12	Bettendorf	2/4/2012	District Meet
102	0:23.73	Jordan Stevens	10	Burlington	12/8/2011	Burlington vs. Davenport West
103	0:23.73	Carter Worth	10	Des Moines Lincoln	2/6/2012	District Meet
104	0:23.75	Jared Thorson	9	Cedar Rapids Washington	12/20/2011	CRW vs Iowa City High
105	0:23.75	Eli Nelson	10	Spencer	1/9/2012	Spencer vs. Storm Lake vs. Sioux
106	0:23.8	Luis Arias	12	Des Moines Lincoln	12/8/2011	DM Lincoln at Valley
107	0:23.8	Jackson Murphy	11	Des Moines Roosevelt	2/6/2012	District Meet
108	0:23.83	Zach Fricke	11	Waterloo West	2/4/2012	District Meet
109	0:23.86	Nick Michels	11	Cedar Falls	1/10/2012	Cedar Falls vs CRW
110	0:23.86	Kort Kern	12	Des Moines Lincoln	2/6/2012	District Meet
111	0:23.86	Anthony Smith	11	Grinnell/BGM	1/3/2012	Grinnell vs. Boone
112	0:23.86	Will Shirey	11	Waterloo West	2/4/2012	District Meet
113	0:23.87	Spencer Smith	10	Lewis Central	12/13/2011	Ralston at Lewis Central
114	0:23.89	Jake Inghram	12	Cedar Rapids Jefferson	12/15/2011	Cedar Rapids Jefferson @ Grinnell
115	0:23.91	Jake Menke	11	Southeast Polk	2/6/2012	District Meet
116	0:23.93	Max McCubbin	11	Boone	12/3/2011	Toreador Relays
117	0:23.94	Alex Pffifner	Sr	Dubuque Hempstead	12/8/2011	Dub. Hempstead Vs. I.C. City High
118	0:23.96	Zach Hingtgen	10	Iowa City West	11/29/2011	Iowa City West High vs. Iowa City
119	0:23.97	michael Etnyre	11	Ottumwa	2/4/2012	District Meet
120	0:23.97	Reid Potwin	12	Waterloo East	2/4/2012	District Meet
121	0:23.98	Joe Gayton	12	Bettendorf	1/21/2012	Bettendorf v. Davenport North
122	0:24	Charlie Rathe	12	Ames	1/5/2012	Ames vs. Marshalltown
123	0:24	Andrew Sladky	12	Burlington	12/15/2011	Burlington vs. Muscatine

**Iowa High School Swim Coaches Association**  
**Boys' Power Ratings**  
**50 Yard Freestyle Top Times**

State Record:0:20.32  
 State Cut-Off:0:22.74

National Record:0:19.43  
 Last Updated:2/11/2012

Automatic All-American:0:20.86  
 Consideration All-American:0:21.17

Place	Time	Name	Year	School	Date	Meet
124	0:24	Brandon King	11	Southeast Polk	12/8/2011	Southeast Polk vs Waukee
125	0:24.03	James Daughters	11	Dubuque Senior	1/3/2012	Senior vs C.R. Washington
126	0:24.05	Curtis Knapp	11	Des Moines Lincoln	2/6/2012	District Meet
127	0:24.06	Jordan White	11	Carroll	1.7.2012	Carroll @ Johnston Inv
128	0:24.06	Kyle Lockhart	11	Newton	2/6/2012	District Meet
129	0:24.09	Josh Nabity	12	Ankeny	1/27/2012	CIML Central Conference Meet
130	0:24.09	Ian Baker	12	Des Moines Roosevelt	12/1/2011	Roosevelt v Ames
131	0:24.09	Thomas Burrill	11	Iowa City West	1/10/2012	Iowa City West High vs. Cedar
132	0:24.09	Dan Ryan	12	WDM Dowling Catholic	12/17/2011	WDM Dowling Catholic vs WDM
133	0:24.1	Sam Cavanaugh	10	Iowa City	2/4/2012	District Meet
134	0:24.13	Chandler Cox	10	Ankeny	12/8/2011	Ankeny v. Des Moines East
135	0:24.14	Nick Reints	12	Ames	1/5/2012	Ames vs. Marshalltown
136	0:24.14	Tucker Snider	11	Muscatine	1/28/2012	Muscatine Invite
137	0:24.17	Kyle McKim	11	Boone	1/10/2012	Boone vs. DSM Lincoln
138	0:24.17	Alec Ubben	12	Newton	1/12/2012	Johnston vs Newton
139	0:24.18	Forrest Berg	10	Mason City	2/4/2012	District
140	0:24.19	Carter Starr	10	Linn-Mar	2/4/2012	District Meet
141	0:24.21	Henry Fender	11	Des Moines Roosevelt	2/6/2012	District Meet
142	0:24.21	Ross Winget	12	Johnston	11/1/2011	Johnston v Mason City
143	0:24.24	Cole Bunn	10	Bettendorf	12/8/2011	Bettendorf v. Davenport Central
144	0:24.24	Matt Remy	12	Pleasant Valley	12/8/2011	Clinton Vs. Pleasant Valley
145	0:24.25	Scott Wailes	12	Boone	2/4/2012	District
146	0:24.26	Tyler Krpan	12	Indianola	12/20/2011	SEP & Boone @ Indianola
147	0:24.26	Matt Ramsey	10	Linn-Mar	2/4/2012	District Meet
148	0:24.26	JD Bensen	11	WDM Dowling Catholic	1/8/2012	Maroon and Gold
149	0:24.27	Spencer Schoentag	12	Cedar Falls	2/4/2012	District Meet
150	0:24.27	Alex Kleinheinz	12	Cedar Rapids Jefferson	12/10/2011	Cedar Rapids Jefferson @