

Iowa High School Swim Coaches Association
Boys' Power Ratings
400 Yard Freestyle Relay Top Times

State Record:3:05.87

National Record:3:00.68

Automatic All-American:3:07.89

State Cut-Off:3:26.49

Last Updated:2/11/2012

Consideration All-American:3:10.95

Place	Time	School	Date	Meet
1	3:9.04	WDM Dowling Catholic	2/11/2012	State
Name & Year	Ben Severino 11	Nate Tystahl 12	Alek Martin 9	Jonathan Fiepke 11
2	3:10.37	Dubuque Senior	2/11/2012	State
Name & Year	Josh Gill 11	Alex Duster 11	Mitchell Schroeder 11	Connor Huff 12
3	3:12.57	Johnston	2/11/2012	State
Name & Year	Tyson Wieland 11	Adam Rieck 12	Tyler Cracraft 11	Brian Ross 12
4	3:13.86	Ankeny	2/11/2012	State
Name & Year	Ethan Settle 12	Lucas Kliner 12	Chandler Cox 10	Jacob Klinker 12
5	3:13.95	Clinton	2/11/2012	State
Name & Year	Tyler Hemingway 12	Shawn Mauritz 12	Andrew Howes 12	Matt Boyd 12
6	3:15.81	Muscatine	2/4/2012	District
Name & Year	Trent Jackson 11	Alex Walton 9	Tate Jackson 9	Matt Krueger 11
7	3:16.24	WDM Valley	2/11/2012	State
Name & Year	Derek Yu 11	David Merriman 11	Stephen Davick 12	Nate Harris 12
8	3:17.59	Sioux City	2/11/2012	State
Name & Year	Thomas Rathbun 10	Alex Guelcher 12	Roland Henry 12	Fisher Mollet 12
9	3:17.81	Des Moines Roosevelt	2/11/2012	State
Name & Year	Max Ward 11	Ian Baker 12	Mitch Arends 12	Ross Turner 12
10	3:18.01	Cedar Falls	2/11/2012	State
Name & Year	Brady Stern 12	Nick Stern 12	Connor Clements 11	Gabe Langner 10
11	3:18.46	Cedar Rapids Washington	2/4/2012	District
Name & Year	Josh Hughes 11	Morgan Barnes 12	Jared Thorson 9	Ian Ford 12
12	3:18.96	Ames	2/4/2012	District Meet
Name & Year	Ian Mart 12	Alex Pyle 10	Alex Lelonek 12	Michael Stark 12
13	3:19.95	Iowa City	2/11/2012	State
Name & Year	Brady St.John 12	Kelly McNeilly 12	Ike Eyman-Casey 11	Jacob Buatti 10
14	3:21.09	Cedar Rapids Kennedy	2/4/2012	District Meet
Name & Year	Chandler Heisler 11	John Richardson 11	Harrison Moore 11	Dylan Casey 11
15	3:21.28	Southeast Polk	2/11/2012	State
Name & Year	Jacob Menke 11	Justin Shaver 11	Brandon King 11	Jake Neyens 12
16	3:21.53	Fort Dodge	2/4/2012	District Meet
Name & Year	Cal Brandt 11	Josh Lee 10	Joe Bruen 12	Mark Olsen 9
17	3:21.53	Bettendorf	2/11/2012	State
Name & Year	Luke Ketelaar 10	Cole Bunn 10	Aaron Scheerer 11	Joe Gayton 12
18	3:21.75	Marshalltown	2/4/2012	District Meet
Name & Year	Connor Dilger 12	Glenn 12	Nate Menuey 12	Sam Carter 10
19	3:21.92	Dubuque Hempstead	2/11/2012	State
Name & Year	Alec Rutkowski 10	Randy Mueller 12	Charlie Warren 9	Brien Nugent 11
20	3:23.26	Des Moines Lincoln	2/6/2012	District Meet
Name & Year	Hunter Hofmaier 12	Matt Friend 11	Curtis Knapp 11	Brady Edwards 12
21	3:23.43	Southeast Polk	2/6/2012	District Meet
Name & Year	Jacob Menke 11	Justin Shaver 11	Brandon King 11	Jake Neyens 12
22	3:23.77	Lewis Central	1/21/2012	Lewis Central Invitational
Name & Year	Brandon Farnum 11	Spencer Smith 10	Taylor Severson 10	RJ Hemmingsen 10
23	3:23.85	Pleasant Valley	2/11/2012	State
Name & Year	Brandon Ehrecke 12	Matt Remy 11	Matt Anderson 9	Brian Burke 10
24	3:24	Waterloo West	2/11/2012	State
Name & Year	Dylan Whitemore 11	Adam Boyce 10	Nick Rafferty 10	Nathan Heyerhoff 12
25	3:24.47	Waukee	2/4/2012	District Meet
Name & Year	Ian Murphy 12	JT Tribble 11	Garrett Rowe 11	Jordan Reinard 11

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26	3:25.5	Cedar Rapids Jefferson	2/4/2012	District Meet
Name & Year	Alex Kleinheinz 12	Jake Inghram 12	Lance Scallon 11	Zach Khorsand 11
27	3:25.61	Iowa City West	11/29/2011	Iowa City West High vs. Iowa City City High
Name & Year	Kaisen Yao 12	Anthony Lehnertz 12	Zach Hingtgen 10	Carson Miller 10
28	3:27	Linn-Mar	2/4/2012	District Meet
Name & Year	Kyle Mcneal 10	Duggan Trenary 10	Justin Arebaugh 9	Nate Greve 11
29	3:27.25	Carroll	2/4/2012	District Meet
Name & Year	Michael Lux 9	Alex Paulsen 11	John Dieter 11	Zach Schroeder 12
30	3:27.82	Boone	2/4/2012	District
Name & Year	Max McCubbin 11	Mason Weigel 12	Mitchell Madson 11	Mason Hartwig 10
31	3:32.04	Mason City	2/4/2012	District
Name & Year	Wyatt Rowe 12	Trevor Brunsvold 10	Patrick Rowe 10	Forrest Berg 10
32	3:33.43	Newton	1/14/2012	Rusty Garst Invitational
Name & Year	Kyle Lockhart 11	Ryan Jolivet 11	Luke Norcross 11	Matt Thoma 12
33	3:37.88	Ottumwa	2/4/2012	District Meet
Name & Year	Grant Gullion 10	Riley Hammel 10	Michael Etnyre 11	Adam Mueller 11
34	3:39.3	Davenport Central	2/4/2012	District Meet
Name & Year	Luke Eure 9	Jordan Miller 10	Byron Tiemeier 11	Will Trasowech 10
35	3:39.68	Decorah	1/14/2012	Rusty Garst Invitational
Name & Year	Mac Faldet 9	Nolan Heffern 9	Erik Orvis 12	Jason Orvis 12
36	3:46.92	Spencer	12/13/2011	Spencer vs Mason City
Name & Year	Kaleb Dandy 10	Eli Nelson 10	Cody Brigham 11	Mitch Wiemers 12
37	3:47.25	Des Moines East	1/19/2012	DM East vs. DM Hoover
Name & Year	D.J. Palmer 12	Jeromy Bacon 11	Aubrey Roland 12	David Ortiz 11
38	3:47.4	Indianola	12/20/2011	SEP & Boone @ Indianola
Name & Year	Aaron Bandy 9	Brody Sargent 10	Joe Kotz 11	Drew Peeler 12
39	3:47.81	Council Bluffs Abraham Lincoln	12/1/2011	Spencer vs Sioux City vs CBAL
Name & Year	Ben Kurz 12	Tyler Cumberland 12	Pat Martin 12	Nick Allmon 10
40	3:52.15	Grinnell/BGM	1/14/2012	SEP Invitational
Name & Year	Wade Mawe 11	Chris Sharpe 10	Ian Baumann 10	Miguel Villanueva 11
41	4:1.29	Burlington	12/8/2011	Burlington vs. Davenport West
Name & Year	Wesley Johnson 9	Jacob Cox 12	Alec Woodard 10	James Flaherty 12
42	4:8.26	Vinton-Shellsburg	2/4/2012	District Meet
Name & Year	Josh Yerkes 12	John Eden 9	Tyler Naughton 12	Brandon Tharp 12
43	4:21.87	Waterloo East	1/3/2012	Waterloo East v. V/S and Decorah
Name & Year	Reid Potwin 12	Vinnie Belt 11	Jason Sommerfelt 12	Jake Eilers 10
44	4:41.18	Des Moines Hoover-North	12/1/2011	Hoover vs Valley
Name & Year	Colton Preston 9	Charles Kendeigh 10	Corbin Fadley 9	Jeff Neel 12