

Iowa High School Swim Coaches Association
Boys' Power Ratings
100 Yard Freestyle Top Times

State Record:0:44.77

National Record:0:42.34

Automatic All-American:0:45.55

State Cut-Off:0:49.65

Last Updated: 2/11/2012

Consideration All-American:0:46.21

| Place | Time | Name | Year | School | Date | Meet |
|-------|---------|-------------------|------|-------------------------|------------|------------------------------------|
| 1 | 0:45.49 | Jonathan Fiepke | 11 | WDM Dowling Catholic | 2/11/2012 | State |
| 2 | 0:46.09 | Josh Gill | 11 | Dubuque Senior | 2/11/2012 | State |
| 3 | 0:47.36 | Haden Calegan | 11 | Muscatine | 1/26/2012 | Muscatine v.Clinton |
| 4 | 0:47.47 | Trent Jackson | 11 | Muscatine | 2/4/2012 | District |
| 5 | 0:47.83 | Brady St.John | 12 | Iowa City | 2/11/2012 | State |
| 6 | 0:47.95 | Jacob Klinker | 12 | Ankeny | 2/4/2012 | District Meet |
| 7 | 0:48.05 | Ben Severino | 11 | WDM Dowling Catholic | 2/11/2012 | State |
| 8 | 0:48.14 | RJ Hemmingsen | 10 | Lewis Central | 12/22/2011 | Omaha Creighton Prep at Lewis |
| 9 | 0:48.21 | Alex Bodin | 11 | WDM Valley | 2/6/2012 | District Meet |
| 10 | 0:48.39 | Anthony Lehnertz | 12 | Iowa City West | 2/11/2012 | State |
| 11 | 0:48.42 | Tyler Cracraft | 11 | Johnston | 2/11/2012 | State |
| 12 | 0:48.42 | Nate Harris | 12 | WDM Valley | 2/11/2012 | State |
| 13 | 0:48.53 | Tyson Wieland | 11 | Johnston | 2/4/2012 | District Meet |
| 14 | 0:48.57 | Matt Boyd | 12 | Clinton | 1/5/2012 | Clinton vs D.North |
| 15 | 0:48.61 | Brandon Farnum | 11 | Lewis Central | 1/12/2012 | Omaha Central at Lewis Central |
| 16 | 0:48.62 | Derek Yu | 11 | WDM Valley | 2/6/2012 | District Meet |
| 17 | 0:48.63 | Tyler Hemingway | 12 | Clinton | 2/11/2012 | State |
| 18 | 0:48.8 | Adam Rieck | 12 | Johnston | 2/11/2012 | State |
| 19 | 0:48.86 | Kaisen Yao | 12 | Iowa City West | 11/29/2011 | Iowa City West High vs. Iowa City |
| 20 | 0:48.93 | Thomas Rathbun | 10 | Sioux City | 2/11/2012 | State |
| 21 | 0:49.08 | Mark Olsen | 9 | Fort Dodge | 2/4/2012 | District Meet |
| 22 | 0:49.13 | Nate Tystahl | 12 | WDM Dowling Catholic | 2/11/2012 | State |
| 23 | 0:49.15 | Scott Allison | 12 | Cedar Rapids Washington | 2/4/2012 | District |
| 24 | 0:49.29 | Michael Stark | 12 | Ames | 2/11/2012 | State |
| 25 | 0:49.32 | Brian Ross | 12 | Johnston | 12/8/2011 | Johnston v Ames |
| 26 | 0:49.45 | Josh Hughes | 11 | Cedar Rapids Washington | 1/3/2012 | CR Wash vs Dubuque Senior |
| 27 | 0:49.5 | Chandler Heisler | 11 | Cedar Rapids Kennedy | 2/4/2012 | District Meet |
| 28 | 0:49.51 | Lucas Klinker | 12 | Ankeny | 12/17/2011 | Ankeny at Mercer Invitational |
| 29 | 0:49.52 | Max Ward | 11 | Des Moines Roosevelt | 1/28/2012 | CIML Conference Meet |
| 30 | 0:49.58 | Connor Dilger | 12 | Marshalltown | 2/4/2012 | District Meet |
| 31 | 0:49.6 | Ethan Settle | 12 | Ankeny | 2/4/2012 | District Meet |
| 32 | 0:49.62 | Alek Martin | 9 | WDM Dowling Catholic | 1/19/2012 | WDM Dowling vs Ankeny |
| 33 | 0:49.62 | Buddy Franson | 12 | Dubuque Senior | 2/11/2012 | State |
| 34 | 0:49.64 | Ian Murphy | 12 | Waukee | 2/4/2012 | District Meet |
| 35 | 0:49.67 | Jason Orvis | 0 | Decorah | 2/11/2012 | State |
| 36 | 0:49.89 | Brady Stern | 12 | Cedar Falls | 2/4/2012 | District Meet |
| 37 | 0:50.04 | Alec Rutkowski | 10 | Dubuque Hempstead | 2/11/2012 | State |
| 38 | 0:50.07 | Kristian Anderson | 12 | Cedar Rapids Jefferson | 12/6/2011 | Cedar Rapids Jefferson vs CR Wash |
| 39 | 0:50.15 | Alex Walton | 9 | Muscatine | 1/3/2012 | Muscatine at IC West |
| 40 | 0:50.2 | Roland Henry | 12 | Sioux City | 1/9/2012 | Sioux City vs Storm Lake @ Spencer |
| 41 | 0:50.21 | Michael Lux | 9 | Carroll | 2/4/2012 | District Meet |

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|-------|---------|---------------------|------|------------------------|------------|----------------------------------|
| 42 | 0:50.23 | Glenn VanStaalduine | 12 | Marshalltown | 2/4/2012 | District Meet |
| 43 | 0:50.26 | Colin Pearson | 12 | Fort Dodge | 12/20/2011 | Fort Dodge vs. Waukee |
| 44 | 0:50.33 | Alex Duster | 11 | Dubuque Senior | 1/21/2012 | MVC Varsity |
| 45 | 0:50.35 | Matt Thoma | 12 | Newton | 2/6/2012 | District Meet |
| 46 | 0:50.36 | Geoff Root | 11 | WDM Dowling Catholic | 1/19/2012 | WDM Dowling vs Ankeny |
| 47 | 0:50.38 | Connor Huff | 12 | Dubuque Senior | 1/14/2011 | Senior vs. Hempstead.xls |
| 48 | 0:50.41 | Connor Clements | 11 | Cedar Falls | 1/10/2012 | Cedar Falls vs CRW |
| 49 | 0:50.41 | Ian Mart | 12 | Ames | 2/4/2012 | District Meet |
| 50 | 0:50.46 | Cole Bunn | 10 | Bettendorf | 2/4/2012 | District Meet |
| 51 | 0:50.47 | Joe Cunningham | 12 | WDM Valley | 1/12/2012 | WDM Valley vs Waukee |
| 52 | 0:50.47 | Alex Guelcher | 12 | Sioux City | 1/24/2012 | Sioux City @ South Sioux City |
| 53 | 0:50.57 | Travis Greenwald | 11 | Muscatine | 1/3/2012 | Muscatine at IC West |
| 54 | 0:50.6 | Charlie Rathe | 12 | Ames | 2/4/2012 | District Meet |
| 55 | 0:50.62 | Brian Burke | 10 | Pleasant Valley | 2/4/2012 | District |
| 56 | 0:50.65 | Alex Kleinheinz | 12 | Cedar Rapids Jefferson | 2/4/2012 | District Meet |
| 57 | 0:50.66 | Ian Baker | 12 | Des Moines Roosevelt | 2/6/2012 | District Meet |
| 58 | 0:50.7 | Joe Gayton | 12 | Bettendorf | 1/5/2012 | Bettendorf v. Muscatine |
| 59 | 0:50.74 | Shawn Mauritz | 12 | Clinton | 12/13/2011 | Clinton vs Dub Hempstead |
| 60 | 0:50.74 | Erik Orvis | 12 | Decorah | 2/4/2012 | District |
| 61 | 0:50.81 | Justin Arebaugh | 9 | Linn-Mar | 2/4/2012 | District Meet |
| 62 | 0:50.83 | Mitch Arends | 12 | Des Moines Roosevelt | 2/6/2012 | District Meet |
| 63 | 0:50.86 | Chris Merchant | 11 | Ames | 1/5/2012 | Ames vs. Marshalltown |
| 64 | 0:50.97 | Luke Ketelaar | 10 | Bettendorf | 2/11/2012 | State |
| 65 | 0:51.01 | David Merriman | 11 | WDM Valley | 2/6/2012 | District Meet |
| 66 | 0:51.04 | Cal Brandt | 11 | Fort Dodge | 2/4/2012 | District Meet |
| 67 | 0:51.05 | Wyatt Rowe | 12 | Mason City | 2/4/2012 | District |
| 68 | 0:51.06 | Harrison Moore | 11 | Cedar Rapids Kennedy | 2/4/2012 | District Meet |
| 69 | 0:51.09 | Hunter Hofmaier | 12 | Des Moines Lincoln | 2/6/2012 | District Meet |
| 70 | 0:51.09 | Brandon Ehrecke | 12 | Pleasant Valley | 2/11/2012 | State |
| 71 | 0:51.11 | Dylan Whittemore | 11 | Waterloo West | 2/11/2012 | State |
| 72 | 0:51.12 | Ben Kurz | 12 | Council Bluffs Abraham | 12/1/2011 | Spencer vs Sioux City vs CBAL |
| 73 | 0:51.12 | Jordan Suby | 12 | Ankeny | 1/19/2012 | Ankeny v. Dowling Catholic |
| 74 | 0:51.15 | Fisher Mollet | 12 | Sioux City | 12/1/2011 | Spencer & CB Abe Lincoln @ Sioux |
| 75 | 0:51.17 | Tate Jackson | 9 | Muscatine | 12/10/2011 | Marcussen Invitational |
| 76 | 0:51.27 | John Richardson | 11 | Cedar Rapids Kennedy | 2/4/2012 | District Meet |
| 77 | 0:51.29 | Randy Mueller | 12 | Dubuque Hempstead | 2/4/2012 | District Meet |
| 78 | 0:51.29 | Jackson Murphy | 11 | Des Moines Roosevelt | 2/6/2012 | District Meet |
| 79 | 0:51.3 | Spencer Clark | 10 | WDM Dowling Catholic | 12/17/2011 | WDM Dowling Catholic vs WDM |
| 80 | 0:51.36 | Dan Cunningham | 11 | WDM Dowling Catholic | 1/28/2012 | CIML Central Conference |
| 81 | 0:51.42 | Jacob Menke | 11 | Southeast Polk | 2/11/2012 | State |
| 82 | 0:51.43 | Brady Edwards | 12 | Des Moines Lincoln | 12/1/2011 | DM Lincoln at SE Polk/Caroll |

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| 83 | 0:51.47 | Ike Eyman-Casey | 11 | Iowa City | 2/4/2012 | District Meet |
| 84 | 0:51.48 | Ross Turner | 12 | Des Moines Roosevelt | 12/8/2011 | Mason City vs. Roosevelt |
| 85 | 0:51.63 | Alex Swafford | 12 | Johnston | 12/8/2011 | Johnston v Ames |
| 86 | 0:51.64 | Luis Arias | 12 | Des Moines Lincoln | 1/5/2012 | DM Lincoln at Roosevelt HS |
| 87 | 0:51.65 | Chandler Cox | 10 | Ankeny | 12/1/2011 | Ankeny v. Fort Dodge |
| 88 | 0:51.7 | Jonathan Bockhaus | 11 | WDM Dowling Catholic | 1/28/2012 | CIML Central Conference |
| 89 | 0:51.72 | Gene Nassif | 12 | Cedar Rapids Washington | 2/4/2012 | District |
| 90 | 0:51.73 | Jaden VanDike | 11 | WDM Valley | 1/16/2012 | WDM Valley @ Marshalltown |
| 91 | 0:51.74 | Sami Scheetz | 10 | Cedar Rapids Washington | 2/4/2012 | District |
| 92 | 0:51.78 | Dylan Johnson | 11 | Johnston | 12/3/2011 | Mike Wittmer Invitational |
| 93 | 0:51.79 | Zach Fricke | 11 | Waterloo West | 2/4/2012 | District Meet |
| 94 | 0:51.84 | Nick Rafferty | 10 | Waterloo West | 1/28/2012 | Fresh/Sophomore Conference |
| 95 | 0:51.86 | Jacob Burr | 12 | Ankeny | 1/14/2012 | Jim Voss Invitational |
| 96 | 0:51.9 | Gabe Langner | 10 | Cedar Falls | 11/29/2011 | Cedar Falls vs Waterloo West |
| 97 | 0:51.93 | Kris Treiber | 12 | Muscatine | 1/5/2012 | Muscatine v.Bettendorf |
| 98 | 0:51.93 | Joe Bruen | 12 | Fort Dodge | 1/14/2012 | Rusty Garst Invitational |
| 99 | 0:51.94 | Nick Michels | 11 | Cedar Falls | 2/4/2012 | District Meet |
| 100 | 0:52.03 | Nile Willey | 12 | WDM Dowling Catholic | 12/20/2011 | WDM Dowling Catholic vs Johnston |
| 101 | 0:52.04 | James Daughters | 11 | Dubuque Senior | 2/4/2012 | District Meet |
| 102 | 0:52.05 | Garrett Rowe | 11 | Waukee | 1/5/2012 | Waukee vs. Mason City |
| 103 | 0:52.12 | Carson Miller | 10 | Iowa City West | 12/6/2011 | Iowa City West vs. Waterloo West |
| 104 | 0:52.15 | Nick Stern | 12 | Cedar Falls | 12/6/2011 | Cedar Falls vs Linn-Mar |
| 105 | 0:52.18 | Brett Deters | 12 | Ankeny | 12/20/2011 | Ankeny v. DM Hoover |
| 106 | 0:52.18 | Casey White | 11 | WDM Valley | 1/7/2012 | CR Washington @ WDM Valley |
| 107 | 0:52.25 | Michael Cahill | 11 | Muscatine | 2/4/2012 | District |
| 108 | 0:52.27 | Matt Krueger | 11 | Muscatine | 1/3/2012 | Muscatine at IC West |
| 109 | 0:52.28 | Zach Hingtgen | 10 | Iowa City West | 2/4/2012 | District Meet |
| 110 | 0:52.31 | Andrew Howes | 12 | Clinton | 12/8/2011 | Clinton vs PV |
| 111 | 0:52.31 | Ramsey Allen | 12 | Bettendorf | 2/4/2012 | District Meet |
| 112 | 0:52.4 | Eli Nelson | 10 | Spencer | 1/14/2012 | Fort Dodge Garst Invite |
| 113 | 0:52.41 | Cody Carlson | 11 | Johnston | 12/15/2011 | Johnston v Roosevelt |
| 114 | 0:52.42 | Zach McEntee | 12 | WDM Dowling Catholic | 12/17/2011 | WDM Dowling Catholic vs WDM |
| 115 | 0:52.47 | Tom Weible | 11 | WDM Valley | 1/12/2012 | WDM Valley vs Waukee |
| 116 | 0:52.51 | Coner Elliott | 12 | WDM Valley | 1/12/2012 | WDM Valley vs Waukee |
| 117 | 0:52.52 | Alex Lelonek | 12 | Ames | 12/3/2011 | Mike Wittmer Invitational |
| 118 | 0:52.57 | Alex Pyle | 10 | Ames | 11/28/2011 | Ames vs. Mason City |
| 119 | 0:52.6 | Kyle Mcneal | 10 | Linn-Mar | 2/4/2012 | District Meet |
| 120 | 0:52.61 | Jake Neyens | 12 | Southeast Polk | 1/28/2012 | Conference Meet |
| 121 | 0:52.65 | Mitch Wiemers | 12 | Spencer | 1/14/2012 | Fort Dodge Garst Invite |
| 122 | 0:52.7 | Alex Clark | 10 | Johnston | 1/12/2012 | Johnston v Newton |
| 123 | 0:52.72 | Jared Thorson | 9 | Cedar Rapids Washington | 12/13/2011 | CRW vs Bettendorf |

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| 124 | 0:52.74 | Matt Ramsey | 10 | Linn-Mar | 2/4/2012 | District Meet |
| 125 | 0:52.76 | Nathan Heyerhoff | 12 | Waterloo West | 2/4/2012 | District Meet |
| 126 | 0:52.77 | Kelly McNeilly | 12 | Iowa City | 1/10/2012 | City High v Linn Mar |
| 127 | 0:52.8 | Aaron Scheerer | 11 | Bettendorf | 1/5/2012 | Bettendorf v. Muscatine |
| 128 | 0:52.82 | Marios Tringides | 11 | Ames | 12/3/2011 | Mike Wittmer Invitational |
| 129 | 0:52.85 | Sam Cavanaugh | 10 | Iowa City | 2/4/2012 | District Meet |
| 130 | 0:52.91 | Josh Nabity | 11 | Ankeny | 1/27/2012 | CIML Central Conference Meet |
| 131 | 0:52.96 | Mitchell Madson | 11 | Boone | 12/16/2011 | Boone vs. Carroll |
| 132 | 0:52.97 | Josh Lee | 0 | Fort Dodge | 11/27/2011 | Fort Dodge vs. Carroll and Spencer |
| 133 | 0:52.97 | Spencer Smith | 10 | Lewis Central | 1/21/2012 | Lewis Central Invitational |
| 134 | 0:52.97 | Patrick Rowe | 10 | Mason City | 2/4/2012 | District |
| 135 | 0:52.98 | John Carmody | 10 | WDM Dowling Catholic | 1/19/2012 | WDM Dowling vs Ankeny |
| 136 | 0:52.98 | JT Tribble | 11 | Waukee | 2/4/2012 | District Meet |
| 137 | 0:53 | Jake Sund | 11 | Cedar Falls | 12/13/2011 | Cedar Falls vs Kennedy |
| 138 | 0:53 | Jordan Reinard | 11 | Waukee | 12/15/2011 | Waukee vs. DM Hoover |
| 139 | 0:53.05 | Justin Shaver | 11 | Southeast Polk | 1/19/2012 | Southeast Polk vs Johnston |
| 140 | 0:53.17 | John Levis | 0 | Vinton-Shellsburg | 1/19/2012 | VS vs Decorah |
| 141 | 0:53.19 | Jack Oberman | 12 | Waukee | 2/4/2012 | District Meet |
| 142 | 0:53.26 | Kyle Lockhart | 11 | Newton | 1/12/2012 | Johnston vs Newton |
| 143 | 0:53.26 | Brandon King | 11 | Southeast Polk | 1/14/2012 | Southeast Polk Invitational |
| 144 | 0:53.28 | Jordan White | 11 | Carroll | 2/4/2012 | District Meet |
| 145 | 0:53.34 | Nate Menuey | 12 | Marshalltown | 12/12/2011 | Marshalltown vs Grinnell |
| 146 | 0:53.36 | Jarid Ingebrand | 11 | Johnston | 11/1/2011 | Johnston v Mason City |
| 147 | 0:53.42 | Dawson Kerr | 9 | Johnston | 1/12/2012 | Johnston v Newton |
| 148 | 0:53.45 | Rob Leigh | 9 | Fort Dodge | 2/4/2012 | District Meet |
| 149 | 0:53.46 | Carter Starr | 10 | Linn-Mar | 2/4/2012 | District Meet |
| 150 | 0:53.47 | Thomas Burrill | 11 | Iowa City West | 2/4/2012 | District Meet |