

Iowa High School Swim Coaches Association
Boys' Power Ratings
100 Yard Breaststroke Top Times

State Record:0:55.69

National Record:0:53.67

Automatic All-American:0:57.19

State Cut-Off:1:03.48

Last Updated: 2/11/2012

Consideration All-American:0:58.27

Place	Time	Name	Year	School	Date	Meet
1	0:57.35	Travis Greenwald	11	Muscatine	2/11/2012	State
2	0:58.75	Justin Winnett	10	Johnston	2/11/2012	State
3	0:59.42	Jaden VanDike	11	WDM Valley	2/6/2012	District Meet
4	0:59.71	Jordan Reinard	11	Waukee	2/11/2012	State
5	1:.47	Michael Sovers	10	Muscatine	2/4/2012	District
6	1:.5	Connor Huff	12	Dubuque Senior	2/11/2012	State
7	1:.57	Alex Bodin	11	WDM Valley	2/11/2012	State
8	1:.61	Ben Severino	11	WDM Dowling Catholic	1/28/2012	CIML Central Conference
9	1:.61	Roland Henry	12	Sioux City	2/11/2012	State
10	1:.66	Bill Fletcher	12	WDM Valley	2/11/2012	State
11	1:.9	Aaron Scheerer	11	Bettendorf	2/11/2012	State
12	1:1.16	Matt Anderson	9	Pleasant Valley	2/11/2012	State
13	1:1.26	Matt Boyd	12	Clinton	12/8/2011	Clinton vs PV
14	1:1.46	Logan Braadt	12	Ankeny	2/4/2012	District Meet
15	1:1.59	Geoff Root	11	WDM Dowling Catholic	2/11/2012	State
16	1:1.63	Alek Martin	9	WDM Dowling Catholic	2/11/2012	State
17	1:1.64	Mitch Gill	12	Dubuque Senior	2/4/2012	District Meet
18	1:1.72	Luis Arias	12	Des Moines Lincoln	2/6/2012	District Meet
19	1:1.84	Colin Pearson	12	Fort Dodge	1/14/2012	Rusty Garst Invitational
20	1:1.99	Jake Sund	11	Cedar Falls	2/4/2012	District Meet
21	1:2.02	Kaisen Yao	12	Iowa City West	12/6/2011	Iowa City West vs. Waterloo West
22	1:2.12	Nate Greve	11	Linn-Mar	2/4/2012	District Meet
23	1:2.68	Ian Ford	12	Cedar Rapids Washington	1/7/2012	CR Wash vs West Des Moines
24	1:2.74	Cody Carlson	11	Johnston	2/4/2012	District Meet
25	1:2.82	Carson Miller	10	Iowa City West	2/4/2012	District Meet
26	1:2.85	Nick Durin	10	Cedar Rapids Washington	2/4/2012	District
27	1:3	Peyton Gaumer	9	WDM Dowling Catholic	2/6/2012	District Meet
28	1:3.02	Nick Staver	9	Pleasant Valley	2/4/2012	District
29	1:3.03	Trent Jackson	9	Muscatine	12/8/2011	Muscatine v. Davenport North
30	1:3.04	Jimmy Hawk	11	Council Bluffs Abraham	2/6/2012	District Meet
31	1:3.35	John Kopec	11	Cedar Rapids Washington	2/4/2012	District
32	1:3.63	Sami Scheetz	10	Cedar Rapids Washington	2/4/2012	District
33	1:3.78	Spencer Clark	10	WDM Dowling Catholic	1/28/2012	CIML Central Conference
34	1:3.87	Jonah Hatten	11	Indianola	12/20/2011	SEP & Boone @ Indianola
35	1:3.89	Jeremy Roehrick	11	WDM Valley	1/21/2012	WDM Valley @ CIML 'Iowa'
36	1:3.97	Josh Gill	11	Dubuque Senior	12/3/2011	J-Hawk Relays.xls
37	1:4.02	Brien Nugent	11	Dubuque Hempstead	2/4/2012	District Meet
38	1:4.29	Kyle McKim	12	Boone	2/4/2012	District
39	1:4.32	Jameson Spitzig	10	Ankeny	2/4/2012	District Meet
40	1:4.45	Brian Ross	12	Johnston	11/22/2011	Johnston v Indianola
41	1:4.46	Tanner Nelson	9	Bettendorf	2/4/2012	District Meet

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42	1:4.69	Erik Orvis	12	Decorah	2/4/2012	District
43	1:4.89	Josh Georgeff	11	Waukee	2/4/2012	District Meet
44	1:5.24	Nick Michels	11	Cedar Falls	2/4/2012	District Meet
45	1:5.26	JD Bensen	11	WDM Dowling Catholic	1/28/2012	CIML Central Conference
46	1:5.36	Robert Chaney	11	Pleasant Valley	2/4/2012	District
47	1:5.66	Matt Burke	12	Ames	2/4/2012	District Meet
48	1:5.96	Dyllon Phillips	11	Dubuque Senior	2/4/2012	District Meet
49	1:6.11	Brandon Holmes	12	Cedar Rapids Kennedy	2/4/2012	District Meet
50	1:6.17	Shawn Mauritz	12	Clinton	12/15/2011	Clinton vs Bettendorf
51	1:6.27	Jacob Klinker	12	Ankeny	12/8/2011	Ankeny v. Des Moines East
52	1:6.31	Fisher Herald	12	Muscatine	2/4/2012	District
53	1:6.45	Mitchell Rogers	12	Fort Dodge	2/4/2012	District Meet
54	1:6.54	Nick Stout	12	Ankeny	2/4/2012	District Meet
55	1:6.56	Raymond Dulaney	11	Marshalltown	2/4/2012	District Meet
56	1:6.8	James Riley	11	Iowa City West	11/29/2011	Iowa City West High vs. Iowa City
57	1:6.82	Kelly McNeilly	12	Iowa City	11/29/2011	IC City High v IC West High
58	1:6.99	Kristian Anderson	12	Cedar Rapids Jefferson	11/29/2011	Cedar Rapids Jefferson vs Waterloo
59	1:7	Forrest Nicholson	12	Ames	2/4/2012	District Meet
60	1:7.07	Ian McKenzie	10	WDM Dowling Catholic	12/20/2011	WDM Dowling Catholic vs Johnston
61	1:7.27	Wyatt Rasmussen	11	Ames	1/5/2012	Ames vs. Marshalltown
62	1:7.28	Gabe Langner	10	Cedar Falls	12/6/2011	Cedar Falls vs Linn-Mar
63	1:7.33	Cameron Rasmussen	9	Ames	2/4/2012	District Meet
64	1:7.41	Mitchell Madson	11	Boone	1/10/2012	Boone vs. DSM Lincoln
65	1:7.54	Adam Boyce	10	Waterloo West	2/4/2012	District Meet
66	1:7.55	Andrew Howes	12	Clinton	12/13/2011	Clinton vs Dub Hempstead
67	1:7.57	John Levis	12	Vinton-Shellsburg	2/4/2012	District Meet
68	1:7.69	Ben Kurz	12	Council Bluffs Abraham	12/13/2011	CBAL vs Ralston
69	1:7.72	Adric Sorensen	10	Ankeny	1/5/2012	Ankeny v. Johnston
70	1:7.92	Olin Carty	11	Des Moines Roosevelt	1/28/2012	CIML Conference Meet
71	1:7.96	Michael Nachtigal	12	Des Moines Lincoln	1/5/2012	DM Lincoln at Roosevelt HS
72	1:7.99	Jack Green	11	Cedar Rapids Kennedy	2/4/2012	District Meet
73	1:8.08	Louis Blackmore	12	Mason City	1/5/2012	Mason City vs Waukee
74	1:8.09	Jarid Ingebrand	11	Johnston	2/4/2012	District Meet
75	1:8.12	Will Jesse	12	Sioux City	12/15/2011	Storm Lake @ Sioux City
76	1:8.25	Jack McGarvey	12	Des Moines Roosevelt	2/6/2012	District Meet
77	1:8.27	Gabe Etzil	12	Linn-Mar	2/4/2012	District Meet
78	1:8.36	Nick Walsh	9	WDM Dowling Catholic	12/15/2011	WDM Dowling v Ames
79	1:8.74	Jon Kemp	11	Waterloo West	2/4/2012	District Meet
80	1:8.95	James Entwistle	11	Bettendorf	1/21/2012	Bettendorf v. Davenport North
81	1:9.06	Michael Linnen	11	WDM Dowling Catholic	11/22/2011	Dowling vs Ottumwa
82	1:9.35	Nick Rafferty	10	Waterloo West	12/1/2011	Dubuque Hempstead

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83	1:9.4	Ransom Adams	10	Iowa City West	1/10/2012	Iowa City West High vs. Cedar
84	1:9.4	Joe Gayton	12	Bettendorf	1/21/2012	Bettendorf v. Davenport North
85	1:9.42	Stephen Davick	12	WDM Valley	1/16/2012	WDM Valley @ Marshalltown
86	1:9.47	Cole Bunn	10	Bettendorf	12/8/2011	Bettendorf v. Davenport Central
87	1:9.47	Matt Sovers	9	Muscatine	1/28/2012	Muscatine Invite
88	1:9.48	Luke Eure	9	Davenport Central	1/24/2012	Davenport Central vs Clinto
89	1:9.49	Andrew Schneider	12	Johnston	12/15/2011	Johnston v Roosevelt
90	1:9.59	Seth Hammer	10	Johnston	1/27/2012	CIML Conference
91	1:9.61	Jon Burstain	10	Cedar Rapids Kennedy	2/4/2012	District Meet
92	1:9.78	Brady Stern	12	Cedar Falls	12/13/2011	Cedar Falls vs Kennedy
93	1:9.8	Jackson McGarvey	12	Des Moines Roosevelt	1/28/2012	CIML Conference Meet
94	1:9.9	Mitch Berendes	10	Davenport Central	1/24/2012	Davenport Central vs Clinto
95	1:9.91	Chris Merchant	11	Ames	12/13/2011	Ames vs. Boone
96	1:10.02	Alec Rutkowski	10	Dubuque Hempstead	12/15/2011	Dub. Hempstead Vs. Plattville
97	1:10.08	Tim Schell	10	Waterloo West	2/4/2012	District Meet
98	1:10.15	Zach Schroeder	12	Carroll	12.10.2011	Carroll @ Huskie/Bear Inv.
99	1:10.16	Brooks Wagner	12	Muscatine	1/28/2012	Muscatine Invite
100	1:10.18	Brain Keck	12	Bettendorf	1/17/2012	Bettendorf v. Pleasant Valley
101	1:10.19	Thaddeus Logan	12	Southeast Polk	2/6/2012	District Meet
102	1:10.23	Nick Fox	9	WDM Valley	1/5/2011	WDM Valley @ Ft Dodge
103	1:10.24	Josh Lee	10	Fort Dodge	1/14/2012	Rusty Garst Invitational
104	1:10.26	Josiah Low	10	Linn-Mar	2/4/2012	District Meet
105	1:10.3	Dalton Handel	11	Johnston	1/12/2012	Johnston v Newton
106	1:10.31	Dawson Kerr	9	Johnston	12/15/2011	Johnston v Roosevelt
107	1:10.41	Cody Maxwell	11	Newton	2/6/2012	District Meet
108	1:10.45	Brandon Tharp	11	Vinton-Shellsburg	11/29/2011	Linn-Mar/Kennedy
109	1:10.58	John Carmody	10	WDM Dowling Catholic	12/17/2011	WDM Dowling Catholic vs WDM
110	1:10.76	Tim Scheve	10	Waukee	12/20/2011	Waukee vs. Ft. Dodge
111	1:11.09	Connor Gillette	10	Des Moines Roosevelt	12/3/2011	Ames Invitational
112	1:11.1	Michael Etnyre	11	Ottumwa	12/17/2011	Mercer Invitational
113	1:11.17	Luke Norcross	11	Newton	11/22/2011	Newton vs SE Polk
114	1:11.28	Collin Bond	10	Ankeny	12/15/2011	Ankeny at Ottumwa
115	1:11.53	Mike Espey	12	Clinton	1/24/2012	Clinton vs Davenport Central
116	1:11.72	Marios Tringides	11	Ames	11/28/2011	Ames vs. Mason City
117	1:11.76	Cooper Bell	9	Waukee	1/12/2012	Waukee vs. WDM Valley
118	1:11.77	Will Rabedeaux	12	Muscatine	1/24/2012	Muscatine at Davenport West
119	1:11.77	Nate Hermann	9	Dubuque Hempstead	2/4/2012	District Meet
120	1:11.95	Nate Burger	11	Sioux City	1/14/2012	Rusty Garst Invitational
121	1:11.99	Sam Bills	12	Iowa City	2/4/2012	District Meet
122	1:12	Michael Cahill	11	Muscatine	1/3/2012	Muscatine at IC West
123	1:12.07	Josh Sunberg	9	Lewis Central	12/8/2011	Lincoln NE at Lewis Central

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124	1:12.09	Jeff Fitzgerald	9	Newton	2/6/2012	District Meet
125	1:12.1	Teague Anderson	12	Southeast Polk	2/6/2012	District Meet
126	1:12.11	T.J. Giedraitis	10	Linn-Mar	1/28/2012	Linn-Mar-Sophomore Conference-
127	1:12.12	Max Su	10	Cedar Falls	12/17/2011	Cedar Falls at Mercer Invit
128	1:12.13	Alex Engle	12	Pleasant Valley	1/7/2012	Mustang Invitational
129	1:12.15	Spencer Smith	10	Lewis Central	1/3/2012	ONW, BT & SC at LC
130	1:12.17	Connor Kenworthy	12	Des Moines Roosevelt	1/5/2012	Roosevelt vs. Lincoln
131	1:12.3	Ben Wilkinson	9	Davenport North	12/1/2011	Davenport vs Davenport North
132	1:12.34	Joe Bruen	12	Fort Dodge	12/15/2011	Fort Dodge vs. Des Moines East
133	1:12.41	Seth Brady	9	WDM Valley	12/17/2011	WDM Valley vs Dowling Catholic
134	1:12.45	Jake Neyens	12	Southeast Polk	11/22/2011	Southeast Polk vs. Newton
135	1:12.51	Hunter Hall	11	Des Moines East	2/4/2012	District Meet
136	1:12.53	David Merriman	11	WDM Valley	12/15/2011	WDM Valley vs SE Polk
137	1:12.56	Zach Martin	9	Boone	2/4/2012	District
138	1:12.62	Jordan Nicolet	10	Johnston	11/1/2011	Johnston v Mason City
139	1:12.68	Brennen Reysack	12	Ankeny	1/19/2012	Ankeny v. Dowling Catholic
140	1:12.83	Aaron Thompson	11	Ames	1/5/2012	Ames vs. Marshalltown
141	1:12.98	Coner Elliott	12	WDM Valley	1/16/2012	WDM Valley @ Marshalltown
142	1:13	Nick Allmon	10	Council Bluffs Abraham	1/7/2012	Johston Invitational
143	1:13.21	Maxwell Lalone	11	Storm Lake	2/4/2012	District Meet
144	1:13.22	Josh Smith	11	Newton	1/12/2012	Johnston vs Newton
145	1:13.31	Patrick Winterboer	12	Spencer	1/14/2012	Fort Dodge Garst Invite
146	1:13.41	Colin Helland	10	Bettendorf	1/28/2012	Bettendorf @ JV Invite
147	1:13.45	Brody Sargent	10	Indianola	12/20/2011	SEP & Boone @ Indianola
148	1:13.77	Pablo Suarez	9	Sioux City	1/21/2012	Lewis Central Invitational
149	1:13.87	Aaron Brandt	9	Fort Dodge	2/4/2012	District Meet