

Iowa High School Swim Coaches Association
Boys' Power Ratings
100 Yard Breaststroke Top Times

State Record:0:55.69

National Record:0:53.66

Automatic All-American:0:57.45

State Cut-Off:1:03.78

Last Updated: 2/18/2011

Consideration All-American:0:58.57

Place	Time	Name	Year	School	Date	Meet
1	0:58.55	Travis Greenwald	10	Muscatine	2/12/2011	State Meet
2	0:58.96	Josh Gill	10	Dubuque Senior	2/12/2011	State Meet
3	0:59.41	Ty Bailey	12	Dubuque Senior	2/12/2011	State Meet
4	1:.44	Riley Spitzig	12	WDM Dowling Catholic	2/12/2011	State Meet
5	1:.72	Tyler Calegan	12	Muscatine	2/12/2011	State Meet
6	1:.81	Roland Henry	11	Sioux City	2/5/2011	District Meet
7	1:1.28	Austin Abbas	9	Cedar Falls	12/16/2010	Cedar Falls vs Dub Senior
8	1:1.52	Jordan Reinard	10	Waukee	2/12/2011	State Meet
9	1:1.58	Luis Arias	11	Des Moines Lincoln	2/5/2011	District Meet
10	1:1.66	Justin Winnett	9	Johnston	12/21/2010	Dowling v Johnston
11	1:2.04	Grant Pomerenk	12	Boone	2/5/2011	District Meet
12	1:2.04	Joey Meus	9	Dubuque Senior	2/5/2011	District Meet
13	1:2.08	Jimmy Hawk	10	Lewis Central	2/5/2011	District Meet
14	1:2.22	Geoff Root	10	WDM Dowling Catholic	2/5/2011	District Meet
15	1:2.23	Nathan Greve	10	Linn-Mar	2/5/2011	District Meet
16	1:2.24	Taylor Burks	12	Cedar Falls	2/12/2011	State Meet
17	1:2.36	Haden Calegan	10	Muscatine	1/13/2011	Muscatine @ Clinton
18	1:2.41	Bryan Bjorklund	12	Ames	2/12/2011	State Meet
19	1:2.61	Kaisen Yao	11	Iowa City West	12/18/2010	Mercer Invitational
20	1:2.61	Andrew Tuisl	12	Clinton	2/5/2011	District Meet
21	1:2.84	Aaron Scheerer	10	Bettendorf	2/5/2011	District Meet
22	1:2.84	Colin Pearson	11	Fort Dodge	2/5/2011	District Meet
23	1:2.87	Josh Sund	10	Cedar Falls	2/5/2011	District Meet
24	1:2.96	Mitch Gill	11	Dubuque Senior	2/5/2011	District Meet
25	1:2.97	Eric Pahl	12	Ames	2/12/2011	State Meet
26	1:3.01	Cody Carlson	10	Johnston	2/5/2011	District Meet
27	1:3.04	Michael Sovers	9	Muscatine	2/12/2011	State Meet
28	1:3.45	Jake Sund	10	Cedar Falls	2/12/2011	State Meet
29	1:3.48	Nick Durin	9	Cedar Rapids Washington	2/5/2011	District Meet
30	1:3.74	Brenton Tse	12	Pleasant Valley	2/5/2011	District Meet
31	1:3.76	Matt Boyd	11	Clinton	1/20/2011	Clinton @ Davenport West
32	1:3.96	Brian Ross	11	Johnston	12/2/2010	Johnston v Mason City
33	1:4.66	Ben Severino	10	WDM Dowling Catholic	1/6/2011	Dowling Catholic vs Indianola
34	1:4.76	John Kopec	10	Cedar Rapids Washington	2/5/2011	District Meet
35	1:4.83	David Iles	12	WDM Valley	2/5/2011	District Meet
36	1:4.89	Spencer Clark	9	WDM Dowling Catholic	12/16/2010	Dowling Catholic vs Ames
37	1:4.91	Jon Baker	12	Cedar Falls	1/11/2011	Cedar Falls vs ICW
38	1:4.97	Will Jesse	11	Sioux City	2/5/2011	District Meet
39	1:5.03	Ian Ford	11	Cedar Rapids Washington	12/4/2010	CR Wash vs Ames Invite
40	1:5.31	James Davis	12	Iowa City	11/30/2010	West High vs City High
41	1:5.39	Michael Stock	12	Sioux City	2/5/2011	District Meet

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Place	Time	Name	Year	School	Date	Meet
42	1:5.44	Jaden VanDike	10	WDM Valley	1/15/2011	Jim Voss Invitational
43	1:5.51	Alex Bodin	10	WDM Valley	1/22/2011	WDM Valley @ Conference Meet
44	1:5.51	JD Benson	10	WDM Dowling Catholic	2/5/2011	District Meet
45	1:5.53	Mitch Timm	12	Des Moines East	2/5/2011	District Meet
46	1:5.83	Brien Nugent	10	Dubuque Hempstead	2/5/2011	District Meet
47	1:5.86	Brian Hershey	12	WDM Valley	1/18/2011	WDM Valley vs Marshalltown
48	1:5.88	Kenny Suh	12	WDM Valley	2/5/2011	District Meet
49	1:5.96	Andy Jensen	12	Johnston	2/5/2011	District Meet
50	1:6.01	Zach Welp	12	WDM Dowling Catholic	12/21/2010	Dowling Catholic vs Johnston
51	1:6.03	Seth Wills	12	Ames	1/7/2011	Ames vs. Marshalltown
52	1:6.05	Bill Fletcher	11	WDM Valley	2/5/2011	District Meet
53	1:6.18	Noah Belkous	12	Des Moines Roosevelt	2/5/2011	District Meet
54	1:6.28	Jared Littlejohn	10	Muscatine	1/6/2011	Muscatine v. Bettendorf
55	1:6.43	Shawn Mauritz	11	Clinton	1/13/2011	Clinton vs. Muscatine
56	1:6.57	Josh Hughes	10	Cedar Rapids Washington	12/14/2010	CRw vs Bettendorf
57	1:6.6	Paul Jindrich	12	Muscatine	1/6/2011	Muscatine v. Bettendorf
58	1:6.77	Brandon Tharp	10	Vinton-Shellsburg	12/17/2010	Decorah-Vinton-Waterloo East
59	1:6.86	Matt Thornton	12	WDM Dowling Catholic	1/29/2011	Dowling Catholic @ CIML
60	1:6.91	Marios Tringides	10	Ames	2/5/2011	District Meet
61	1:6.96	Trent Jackson	10	Muscatine	1/13/2011	Muscatine @ Clinton
62	1:6.97	Jeremy Roehrick	10	WDM Valley	1/22/2011	WDM Valley @ Conference Meet
63	1:7.02	Kelly McNeilly	11	Iowa City	12/21/2010	Iowa City High v. CR Washington
64	1:7.05	Erik Orvis	11	Decorah	2/5/2011	District Meet
65	1:7.1	Nick Michels	10	Cedar Falls	2/5/2011	District Meet
66	1:7.16	Kyle McKim	11	Boone	2/5/2011	District Meet
67	1:7.17	Seth VanderHorst	12	Ottumwa	1/29/2011	CIML Metro Championships
68	1:7.17	Raymond Dulaney	10	Marshalltown	2/5/2011	District Meet
69	1:7.34	James Sands	11	Cedar Falls	1/11/2011	Cedar Falls vs ICW
70	1:7.35	Nick Stout	11	Ankeny	2/5/2011	District Meet
71	1:7.38	Mitch Rogers	11	Fort Dodge	2/5/2011	District Meet
72	1:7.47	Trent Greif	11	Cedar Rapids Washington	2/5/2011	District Meet
73	1:7.62	Michael Linnen	10	WDM Dowling Catholic	1/29/2011	Dowling Catholic @ CIML
74	1:7.86	Robert Chaney	10	Pleasant Valley	2/5/2011	District Meet
75	1:7.88	Josh Georgeff	10	Waukee	1/6/2011	Waukee vs. Mason City/Grinnell
76	1:7.95	Collin Bond	9	Ankeny	2/5/2011	District Meet
77	1:7.96	Louis Blackmore	11	Mason City	1/13/2011	Mason City vs Spencer
78	1:7.97	Jacob Klinker	11	Ankeny	1/13/2011	Ankeny v. Indianola
79	1:8	Nate Harris	12	WDM Valley	11/23/2010	WDM Valley vs Mason City
80	1:8.06	Steven Best	12	Des Moines Lincoln	2/5/2011	District Meet
81	1:8.14	Tim Temperley	12	Dubuque Hempstead	12/14/2010	Hempstead vs. Clinton
82	1:8.25	Sami Scheetz	9	Cedar Rapids Washington	12/4/2010	CR Wash vs Ames Invite

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83	1:8.47	Jameson Spitzig	9	Ankeny	2/5/2011	District Meet
84	1:8.49	Ben Niemann	12	Clinton	2/5/2011	District Meet
85	1:8.51	Adam Boyce	9	Waterloo West	1/29/2011	Fresh/Sohomore Conference
86	1:8.54	Connor Cope	10	Marshalltown	2/5/2011	District Meet
87	1:8.57	James Riley	10	Iowa City West	1/22/2011	MVC Varsity
88	1:8.59	Dylan Eilertson	12	WDM Dowling Catholic	12/16/2010	Dowling Catholic vs Ames
89	1:8.62	Jonah Hatten	10	Indianola	12/9/2010	Indianoa @ Ft. Dodge
90	1:8.66	Fisher Herald	11	Muscatine	1/29/2011	Muskie Invite
91	1:8.67	Justin Yuan	10	Dubuque Senior	1/19/2011	Senior vs. C. R. Jefferson
92	1:8.69	Tyler Beauchamp	12	Muscatine	1/6/2011	Muscatine v. Bettendorf
93	1:8.95	Andrew Howes	11	Clinton	1/6/2011	Clinton @ Davenport North
94	1:9.2	Derek Yu	10	WDM Valley	1/11/2011	WDM Valley vs Waukee
95	1:9.2	Jake Neyens	11	Southeast Polk	2/5/2011	District Meet
96	1:9.33	Brooks Wagner	11	Muscatine	1/29/2011	Muskie Invite
97	1:9.34	Olin Carty	10	Des Moines Roosevelt	2/5/2011	District Meet
98	1:9.38	Taylor McCloskey	12	Southeast Polk	1/29/2011	CIML Conference Meet
99	1:9.59	Jarid Ingebrand	10	Johnston	1/29/2011	CIML Conference
100	1:9.61	Mitchell Madson	10	Boone	12/14/2010	Boone vs. Ames
101	1:9.62	Brian Keck	11	Bettendorf	2/5/2011	District Meet
102	1:9.67	Zach Dahl	11	Waterloo West	2/5/2011	District Meet
103	1:9.68	Logan Braadt	11	Ankeny	12/9/2010	Ankeny at DM East
104	1:9.68	Ray Dulaney	10	Marshalltown	1/6/2011	Ames vs Marshalltown
105	1:9.92	Cameron Herting	12	Iowa City	1/4/2011	Iowa City High v. Linn-Mar
106	1:10.12	Michael Nachtigal	11	Des Moines Lincoln	2/5/2011	District Meet
107	1:10.14	Ben Loeffelholz	12	Dubuque Hempstead	12/16/2010	Hempstead vs. Platteville
108	1:10.19	Will Lorentzen	12	Des Moines Roosevelt	2/5/2011	District Meet
109	1:10.53	Tom Weible	10	WDM Valley	1/11/2011	WDM Valley vs Waukee
110	1:10.59	Ian McKenzie	9	WDM Dowling Catholic	1/6/2011	Dowling Catholic vs Indianola
111	1:10.65	Zach Schroeder	11	Carroll	1/4/2011	Carroll vs Sioux City
112	1:10.67	Brandon Biere	11	Johnston	1/6/2011	Johnston v Ankeny
113	1:10.67	Andrew Schneider	11	Johnston	1/20/2011	Johnston v SE Polk
114	1:10.93	Thomas Burrill	10	Iowa City West	1/22/2011	MVC Varsity
115	1:10.99	Jonathan Duff	12	Carroll	2/5/2011	District Meet
116	1:11.09	Lucas Slattery	12	Carroll	2/5/2011	District Meet
117	1:11.1	Josiah Low	9	Linn-Mar	2/5/2011	District Meet
118	1:11.2	Nick Rafferty	9	Waterloo West	1/29/2011	Fresh/Sohomore Conference
119	1:11.23	Josh Lee	9	Fort Dodge	12/14/2010	Fort Dodge vs. Carroll
120	1:11.34	Jack Green	10	Cedar Rapids Kennedy	2/5/2011	District Meet
121	1:11.38	Adam Hofer	12	Ames	1/22/2011	CIML Iowa Conference Meet
122	1:11.38	Gabe Etzel	11	Linn-Mar	2/5/2011	District Meet
123	1:11.4	Mason Weigel	0	Boone	1/25/2011	Boone Vs. DM. Roos.

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124	1:11.49	Brandon Holmes	11	Cedar Rapids Kennedy	2/5/2011	District Meet
125	1:11.55	Judd Hayes	12	Iowa City	2/5/2011	District Meet
126	1:11.61	Alec Belin	12	Linn-Mar	1/4/2011	Iowa City High vs. Linn-Mar
127	1:11.69	Alec Rutkowski	9	Dubuque Hempstead	1/29/2011	MVC Fresh / Soph
128	1:11.79	Alex Engle	10	Pleasant Valley	2/5/2011	District Meet
129	1:11.9	Luke Norcross	10	Newton	2/5/2011	District Meet
130	1:11.94	Jeff Nielsen	12	WDM Dowling Catholic	12/16/2010	Dowling Catholic vs Ames
131	1:11.95	Tim Scheve	9	Waukee	12/16/2010	Waukee vs. Fort Dodge
132	1:12.03	Nick Allmon	9	Lewis Central	2/5/2011	District Meet
133	1:12.06	Jacob Weiss	12	Mason City	1/22/2011	Iowa Conference
134	1:12.14	Daniel Dai	12	Iowa City West	2/5/2011	District Meet
135	1:12.25	Quintin Meyers	9	Pleasant Valley	1/8/2011	Mustang Invitational
136	1:12.32	Chandler Heisler	10	Cedar Rapids Kennedy	1/4/2011	Cedar Falls @ CR Kennedy
137	1:12.37	Gabriel Jardim	12	Muscatine	1/29/2011	Muskie Invite
138	1:12.41	Jeff Skalla	12	Boone	12/21/2010	Boone vs. SEP
139	1:12.46	Jack Warren	12	Dubuque Hempstead	2/5/2011	District Meet
140	1:12.56	Jack Delaney	12	Dubuque Hempstead	2/5/2011	District Meet
141	1:12.68	Nick Shepperd	12	Ottumwa	2/5/2011	District Meet
142	1:12.79	Collin Foster	12	Waukee	1/15/2011	SE Polk Invite
143	1:12.87	Chris Sloan	12	Pleasant Valley	12/18/2010	Mercer Invitational
144	1:13.04	James McCormack	12	Fort Dodge	12/16/2010	Fort Dodge vs. DM East/Spencer
145	1:13.06	Michael Cahill	10	Muscatine	1/20/2011	Muscatine vs. Davenport Central
146	1:13.26	Jacob Cox	11	Burlington	1/6/2011	Burlington Vs. Davenport Central
147	1:13.33	T.J. Giedraitis	9	Linn-Mar	1/29/2011	MVC Sophomore Conference
148	1:13.42	Paul Tallent	10	Dubuque Senior	1/29/2011	Senior vs. M.V.C. Sphomore
149	1:13.49	Alex Patch	12	Des Moines Roosevelt	12/2/2010	Roosevelt vs. Ames