

**Iowa High School Swim Coaches Association
Boys' Power Ratings
400 Yard Freestyle Relay Top Times**

State Record:3:05.87

National Record:3:00.68

Automatic All-American:3:11.32

State Cut-Off:3:29.59

Last Updated: 2/17/2010

Consideration All-American:3:13.93

| Place | Time | School | Date | Meet |
|-------------|---------------------|--------------------------------|----------------------|----------------------------------|
| 1 | 3:9.27 | WDM Valley | 2/13/2010 | State Meet |
| Name & Year | Jim Skoumal 12 | Nate Harris 10 | Charlie Hogan 12 | Ian Conte 12 |
| 2 | 3:9.69 | Cedar Falls | 2/13/2010 | State Meet |
| Name & Year | Jon Baker 11 | Garrett Moses 12 | Josh Sund 11 | Austin Abbas 11 |
| 3 | 3:13.17 | WDM Dowling Catholic | 2/13/2010 | State Meet |
| Name & Year | Zach Welp 11 | Chris Niebur 12 | Ben Severino 9 | Colby Kubat 12 |
| 4 | 3:14.05 | Muscatine | 2/13/2010 | State Meet |
| Name & Year | Paul Jindrich 11 | Haden Calegan 9 | Tyler Calegan 11 | Ben Rivera 12 |
| 5 | 3:14.19 | Dubuque Senior | 2/13/2010 | State Meet |
| Name & Year | Connor Huff 10 | Eric Ferring 12 | Josh Gill 9 | Tate Forsyth 11 |
| 6 | 3:15.24 | Iowa City | 2/13/2010 | State Meet |
| Name & Year | Kanoe Russell 12 | Sidney McMillin 11 | Cameron Herting 11 | James Davis 11 |
| 7 | 3:15.27 | Ames | 2/6/2010 | District Meet |
| Name & Year | Jon Hagen 12 | Luuk Dekkers 12 | Sam Wiedemeier 11 | Dustin Rhoads 12 |
| 8 | 3:15.78 | Dubuque Hempstead | 2/13/2010 | State Meet |
| Name & Year | Tim Temperley 11 | Brian Fuchs 11 | Cameron Griffin 12 | Ben Loeffelholz 11 |
| 9 | 3:16.15 | Cedar Rapids Washington | 2/13/2010 | State Meet |
| Name & Year | Morgan Barnes 10 | Ian Ford 10 | Sam Gray 12 | Banning Young 12 |
| 10 | 3:19.36 | Spencer | 2/6/2010 | District Meet |
| Name & Year | Colin Eagan 11 | Cort Silliman 12 | Tyler Brigham 11 | Cody Steinkamp 12 |
| 11 | 3:19.76 | Marshalltown | 2/13/2010 | State Meet |
| Name & Year | Mauricio Chacon 11 | Mike Gettemy 11 | Brian Bacon 11 | Brandt Bergman 12 |
| 12 | 3:20.86 | Ankeny | 2/13/2010 | State Meet |
| Name & Year | Matt Loney 12 | Lucas Klinker 10 | Jacob Klinker 10 | Riley Spitzig 11 |
| 13 | 3:20.9 | Carroll | 2/6/2010 | District Meet |
| Name & Year | Dylan Nielsen 11 | Ben Boeckman 11 | James Svoboda 11 | Cole Malin 11 |
| 14 | 3:21.01 | Cedar Rapids Kennedy | 2/13/2010 | State Meet |
| Name & Year | Chris Hillyer 12 | Michael Rusch 12 | Chandler Heisler 9 | Michael Lyon 12 |
| 15 | 3:21.06 | Des Moines Roosevelt | 2/6/2010 | District Meet |
| Name & Year | Steven Arens 12 | Ben Landis 10 | Drew Turner 12 | Kevin Dorff 12 |
| 16 | 3:21.2 | Southeast Polk | 2/13/2010 | State Meet |
| Name & Year | Zakary Huebner 11 | Devin McMillen 12 | Kieran Sweeney 11 | Ivan Egen 11 |
| 17 | 3:22.13 | Johnston | 1/26/2010 | Johnston v Ankeny |
| Name & Year | Brian Ross 10 | MJ Phillips 12 | Matt Rippentrop 12 | Brad Waldort 12 |
| 18 | 3:22.27 | Bettendorf | 2/13/2010 | State Meet |
| Name & Year | AJ Ash 12 | Andy Berntson 11 | Fenner Hengst 12 | Joe Gayton 10 |
| 19 | 3:23.13 | Sioux City | 2/13/2010 | State Meet |
| Name & Year | Dylan Stalheim 12 | Alex Guelcher 10 | Will Jesse 10 | Fisher Mollet 10 |
| 20 | 3:23.55 | Iowa City West | 1/26/2010 | Iowa City West vs. Waterloo West |
| Name & Year | Mohammed Eissa 10 | Alex Graesser 11 | Karl Rosenquist 12 | Kaisen Yao 10 |
| 21 | 3:24.12 | Clinton | 2/13/2010 | State Meet |
| Name & Year | Matt Boyd 10 | Andrew Howes 10 | Evan Tuisl 11 | Andrew Tuisl 11 |
| 22 | 3:25.22 | Cedar Rapids Jefferson | 2/6/2010 | District Meet |
| Name & Year | Kean Drake 12 | Michael Jacobsen 12 | Kristian Anderson 10 | Scott Wilke 11 |
| 23 | 3:25.55 | Pleasant Valley | 2/6/2010 | District Meet |
| Name & Year | John Beck 11 | Brandon Ehrecke 10 | Chris Sloan 11 | Will Horvat 12 |
| 24 | 3:27.22 | Council Bluffs Abraham Lincoln | 2/6/2010 | District Meet |
| Name & Year | Patrick Whitsell 12 | Ben Kurz 10 | Matthew Andersen 12 | Alex Thomas 12 |
| 25 | 3:27.72 | Des Moines Lincoln | 2/6/2010 | District Meet |
| Name & Year | Logan Johnson 11 | Brady Edwards 10 | Hunter Hofmaier 10 | Luis Arias 10 |

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|-------------|-------------------|-------------------------|------------------|----|---------------------------------------|----|-------------------|----|
| 26 | 3:27.9 | Decorah | 2/6/2010 | | District Meet | | | |
| Name & Year | Jason Orvis | 10 | Karl Larsen | 12 | Chandler Roberson | 11 | Nathan Maloney | 12 |
| 27 | 3:28.22 | Boone | 2/6/2010 | | District Meet | | | |
| Name & Year | Nick Bruce | 0 | Tyson Wieland | 0 | Caldwell Miller | 0 | Erik Phipps | 0 |
| 28 | 3:29.04 | Waterloo West | 2/6/2010 | | District Meet | | | |
| Name & Year | Peter Christensen | 11 | Eric Harbaugh | 12 | Evan McClain | 11 | Jake Raecker | 11 |
| 29 | 3:29.44 | Linn-Mar | 2/6/2010 | | District Meet | | | |
| Name & Year | Sam Raiche | 11 | Alex Starr | 12 | Austin Nicholson | 11 | Nathan Sippy | 12 |
| 30 | 3:29.94 | Des Moines East | 2/6/2010 | | District Meet | | | |
| Name & Year | James McCourt | 12 | Thomas Young | 12 | Evan Timm | 12 | Sean Ross | 12 |
| 31 | 3:30.48 | Davenport Central | 2/6/2010 | | District Meet | | | |
| Name & Year | Cody Curtis | 12 | Byron Tiemeier | 9 | Mickey Herman | 12 | Alex Dvorak | 12 |
| 32 | 3:33.41 | Ottumwa | 2/6/2010 | | District Meet | | | |
| Name & Year | Antti Korri | 12 | Tim Michaels | 11 | Travis Schombert | 11 | Tyler Bennett | 12 |
| 33 | 3:35.59 | Mason City | 2/6/2010 | | District Meet | | | |
| Name & Year | Nick Glynn | 12 | Alex Lichman | 12 | Matt Young | 12 | Josh Waner | 12 |
| 34 | 3:36.59 | Indianola | 12/12/2009 | | Grinnell Invite | | | |
| Name & Year | JJ Kotz | 12 | Clayton Fritz | 12 | Daniel Bell | 9 | Sam Gorsche | 11 |
| 35 | 3:37.92 | Lewis Central | 1/2/2010 | | Lewis Central at Johnston Invite | | | |
| Name & Year | Matthew Howell | 11 | Connor Houser | 10 | Brandon Farnum | 9 | Daniel Sukup | 12 |
| 36 | 3:38.36 | Newton | 2/6/2010 | | District Meet | | | |
| Name & Year | Keegan Lockhart | 11 | Gregor Quayle | 12 | Ryan Jolivet | 9 | Matt Thoma | 10 |
| 37 | 3:41.5 | Davenport North | 1/26/2010 | | Bettendorf vs. Davenport North | | | |
| Name & Year | Ben Menke | 12 | Max Johannson | 10 | Nick Moellers | 11 | Michael Brus | 12 |
| 38 | 3:42.33 | Grinnell/BGM | 2/6/2010 | | District Meet | | | |
| Name & Year | Jake O'Polka | 12 | Troy Smith | 9 | Anthony Smith | 9 | Miguel Villanueva | 9 |
| 39 | 3:48.2 | Fort Dodge | 2/6/2010 | | District Meet | | | |
| Name & Year | Cal Brandt | 9 | Jacob McCarville | 11 | Austin Sanford | 9 | Aaron Poldervaart | 10 |
| 40 | 3:52.86 | Vinton-Shellsburg | 1/19/2010 | | Linn-Mar double dual | | | |
| Name & Year | John Levis | 10 | Dustin Martens | 12 | Matthew Pettengill | 11 | Brandon Tharp | 9 |
| 41 | 4:2.83 | Des Moines Hoover-North | 1/30/2010 | | CIML Metro Conference | | | |
| Name & Year | Tim Leffler | 11 | Nick Hestbech | 12 | Ryan Roepsch | 10 | James Kent | 12 |
| 42 | 4:5.65 | Waterloo East | 1/9/2010 | | Wahawk Invite | | | |
| Name & Year | Lucas Pietan | 11 | Cale Buck | 11 | Reid Potwin | 10 | Jacob Lichty | 12 |
| 43 | 4:8.25 | Storm Lake | 1/16/2010 | | Rusty Garst Invitational - Fort Dodge | | | |
| Name & Year | Nate Converse | 12 | Jace Piercy | 12 | Deon Parkhurst | 10 | Kieren Cullen | 11 |