

Iowa High School Swim Coaches Association
Boys' Power Ratings
100 Yard Breaststroke Top Times

State Record:0:55.69

National Record:0:53.66

Automatic All-American:0:58.40

State Cut-Off:1:04.52

Last Updated: 2/17/2010

Consideration All-American:0:59.40

| Place | Time | Name | Year | School | Date | Meet |
|-------|---------|------------------|------|-------------------------|------------|-----------------------------|
| 1 | 0:58.86 | Colby Kubat | 12 | WDM Dowling Catholic | 2/13/2010 | State Meet |
| 2 | 0:59.48 | Taylor Kutchen | 12 | Ames | 2/13/2010 | State Meet |
| 3 | 0:59.69 | Josh Gill | 9 | Dubuque Senior | 2/13/2010 | State Meet |
| 4 | 0:59.87 | Joseph Gallet | 12 | Cedar Rapids Washington | 2/6/2010 | District Meet |
| 5 | 1:02 | Jorden Studer | 10 | Ankeny | 2/13/2010 | State Meet |
| 6 | 1:1.38 | Ty Bailey | 11 | Dubuque Senior | 2/6/2010 | District Meet |
| 7 | 1:1.95 | Travis Greenwald | 9 | Muscatine | 2/13/2010 | State Meet |
| 8 | 1:2.05 | Jordan Means | 12 | Johnston | 2/13/2010 | State Meet |
| 9 | 0:62.24 | Andy Burnham | 12 | Pleasant Valley | 2/6/2010 | District Meet |
| 10 | 1:2.31 | Kean Drake | 12 | Cedar Rapids Jefferson | 2/6/2010 | District Meet |
| 11 | 1:2.36 | Tyler Calegan | 11 | Muscatine | 2/13/2010 | State Meet |
| 12 | 1:2.54 | Eric Mistry | 12 | WDM Valley | 2/13/2010 | State Meet |
| 13 | 1:2.73 | Nathan Maloney | 12 | Decorah | 2/6/2010 | District Meet |
| 14 | 1:2.81 | Bryan Bjorklund | 11 | Ames | 2/6/2010 | District Meet |
| 15 | 1:2.96 | Matt Boyd | 10 | Clinton | 1/14/2010 | Clinton vs Muscatine |
| 16 | 1:3.02 | Riley Spitzig | 11 | Ankeny | 1/21/2010 | Ankeny v. Dowling Catholic |
| 17 | 1:3.11 | Peter Crady | 12 | Grinnell/BGM | 2/6/2010 | District Meet |
| 18 | 1:3.22 | Greg Rakozy | 12 | Dubuque Senior | 2/13/2010 | State Meet |
| 19 | 1:3.23 | Luis Arias | 10 | Des Moines Lincoln | 2/6/2010 | District Meet |
| 20 | 1:3.32 | Colin Pearson | 10 | Fort Dodge | 2/6/2010 | District Meet |
| 21 | 1:3.33 | Grant Pomerenk | 11 | Boone | 2/6/2010 | District Meet |
| 22 | 1:3.35 | Andrew Fiepke | 12 | WDM Valley | 2/13/2010 | State Meet |
| 23 | 1:3.4 | nate Greve | 9 | Linn-Mar | 2/6/2010 | District Meet |
| 24 | 1:3.42 | Josh Sund | 11 | Cedar Falls | 1/12/2010 | Cedar Falls vs Hempstead |
| 25 | 1:3.47 | Jordan Reinard | 9 | Johnston | 2/6/2010 | District Meet |
| 26 | 1:3.47 | Nathan Greve | 9 | Linn-Mar | 2/13/2010 | State Meet |
| 27 | 1:3.5 | Austin Abbas | 11 | Cedar Falls | 1/5/2010 | Cedar Falls vs Jefferson |
| 28 | 1:3.62 | Kaisen Yao | 10 | Iowa City West | 12/12/2009 | Dubuque Quadrangle |
| 29 | 1:3.84 | James Davis | 11 | Iowa City | 2/6/2010 | District Meet |
| 30 | 1:4.03 | Andrew Tuisl | 11 | Clinton | 2/6/2010 | District Meet |
| 31 | 1:4.07 | Roland Henry | 10 | Sioux City | 2/6/2010 | District Meet |
| 32 | 1:4.24 | Geoff Root | 9 | WDM Dowling Catholic | 2/6/2010 | District Meet |
| 33 | 1:4.26 | Chris Brady | 12 | WDM Valley | 2/6/2010 | District Meet |
| 34 | 1:4.6 | Alex Dahl | 12 | Boone | 2/6/2010 | District Meet |
| 35 | 1:4.7 | Tim McGrath | 12 | Ankeny | 2/6/2010 | District Meet |
| 36 | 1:4.75 | Taylor Burks | 11 | Cedar Falls | 1/12/2010 | Cedar Falls vs Hempstead |
| 37 | 1:4.79 | Michael Rusch | 12 | Cedar Rapids Kennedy | 1/4/2010 | CR Kennedy v. Waterloo West |
| 38 | 1:4.81 | Brandt Bergman | 12 | Marshalltown | 2/6/2010 | District Meet |
| 39 | 1:4.87 | Jimmy Hawk | 9 | Council Bluffs Abraham | 2/6/2010 | District Meet |
| 40 | 1:4.92 | Rob Burke | 12 | Ames | 2/6/2010 | District Meet |
| 41 | 1:4.93 | James Kent | 12 | Des Moines Hoover-North | 1/21/2010 | Hoover vs Lincoln |

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| Place | Time | Name | Year | School | Date | Meet |
|-------|---------|--------------------|------|-------------------------|------------|------------------------------|
| 42 | 1:5.26 | Ben Severino | 9 | WDM Dowling Catholic | 1/19/2010 | DM Lincoln |
| 43 | 1:5.34 | Dustin Rhoads | 12 | Ames | 12/7/2009 | Ames vs. DM Lincoln |
| 44 | 1:5.45 | Matt Thornton | 10 | WDM Dowling Catholic | 2/6/2010 | District Meet |
| 45 | 1:5.51 | Zach Welp | 11 | WDM Dowling Catholic | 1/19/2010 | DM Lincoln |
| 46 | 1:5.61 | Cody Carlson | 9 | Johnston | 2/6/2010 | District Meet |
| 47 | 1:5.62 | Malte Seutter | 11 | Des Moines East | 2/6/2010 | District Meet |
| 48 | 1:5.68 | Chas Busch | 12 | Lewis Central | 2/6/2010 | District Meet |
| 49 | 1:5.73 | Tony Hall | 10 | Waterloo West | 2/6/2010 | District Meet |
| 50 | 1:5.75 | Jake Sund | 9 | Cedar Falls | 2/6/2010 | District Meet |
| 51 | 1:5.79 | charlie Hugo | 12 | Mason City | 2/6/2010 | District Meet |
| 52 | 1:5.92 | Will Horvat | 12 | Pleasant Valley | 1/14/2010 | Burlington |
| 53 | 1:6.05 | Fenner Hengst | 12 | Bettendorf | 2/6/2010 | District Meet |
| 54 | 1:6.18 | Haden Calegan | 9 | Muscatine | 1/19/2010 | Muscatine @ Dav. North |
| 55 | 1:6.49 | Ian Ford | 10 | Cedar Rapids Washington | 1/19/2010 | CRW vs CRK |
| 56 | 1:6.5 | Tyler Eckhardt | 12 | Cedar Rapids Washington | 2/6/2010 | District Meet |
| 57 | 1:6.67 | Kevin Dorff | 12 | Des Moines Roosevelt | 1/9/2010 | Hoover Invite |
| 58 | 1:6.73 | Charlie Hogan | 12 | WDM Valley | 12/15/2009 | WDM Valley @ Mason City |
| 59 | 1:6.86 | Colby Gibson | 12 | Cedar Rapids Kennedy | 2/6/2010 | District Meet |
| 60 | 1:6.87 | Luuk Dekkers | 12 | Ames | 12/18/2009 | Ames vs. DM East |
| 61 | 1:6.9 | Nick Glynn | 12 | Mason City | 1/19/2010 | Mason City vs Fort Dodge |
| 62 | 1:6.93 | Michael Stock | 11 | Sioux City | 1/16/2010 | Rusty Garst Invitational |
| 63 | 1:7.03 | Brian Lentz | 12 | Iowa City West | 2/6/2010 | District Meet |
| 64 | 1:7.29 | Kenny Suh | 11 | WDM Valley | 1/14/2010 | WDM Valley vs Ames |
| 65 | 0:67.33 | Ryan Chaney | 12 | Pleasant Valley | 2/6/2010 | District Meet |
| 66 | 1:7.35 | Will Jesse | 10 | Sioux City | 1/23/2010 | Lewis Central Invitational |
| 67 | 1:7.55 | Andrew Howes | 10 | Clinton | 1/28/2010 | Clinton vs Pleasant Valley |
| 68 | 1:7.61 | Colton Benhart | 12 | Cedar Rapids Kennedy | 2/6/2010 | District Meet |
| 69 | 1:7.63 | Paul Jindrich | 11 | Muscatine | 1/19/2010 | Muscatine @ Dav. North |
| 70 | 1:7.7 | Jodron Reinard | 9 | Johnston | 1/26/2010 | Johnston v Ankeny |
| 71 | 1:7.86 | Buster Worthington | 12 | Waterloo West | 12/1/2009 | Cedar Falls/ Decorah |
| 72 | 1:7.88 | Caleb Wagner | 12 | Johnston | 12/21/2009 | Johnston v Ames Dual |
| 73 | 1:7.91 | Trent Greif | 10 | Cedar Rapids Washington | 2/6/2010 | District Meet |
| 74 | 1:8.01 | Dakota Johnson | 10 | WDM Dowling Catholic | 1/11/2010 | Johnston |
| 75 | 1:8.08 | Erik Orvis | 10 | Decorah | 2/6/2010 | District Meet |
| 76 | 1:8.24 | Alex Bodin | 9 | WDM Valley | 1/23/2010 | WDM Valley vs CIML 'Iowa' |
| 77 | 1:8.33 | Kelly McNeilly | 10 | Iowa City | 1/23/2010 | MVC Supermeet |
| 78 | 1:8.49 | Alex Stock | 12 | Sioux City | 1/28/2010 | Sioux City @ CB Abe Lincoln |
| 79 | 1:8.66 | Trent Jackson | 9 | Muscatine | 12/17/2009 | Muscatine vs. Davenport West |
| 80 | 1:8.81 | Sean Ellingworth | 12 | Bettendorf | 2/6/2010 | District Meet |
| 81 | 1:8.93 | Daniel Sukup | 12 | Lewis Central | 2/6/2010 | District Meet |
| 82 | 1:9.06 | Alex Hobbs | 11 | Decorah | 2/6/2010 | District Meet |

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|-------|---------|-------------------|------|-------------------------|------------|-----------------------------------|
| 83 | 1:9.27 | Mitch Gill | 11 | Dubuque Senior | 12/15/2009 | Dubuque Senior vs. Davenport West |
| 84 | 1:9.28 | Shawn Mauritz | 10 | Clinton | 2/6/2010 | District Meet |
| 85 | 1:9.36 | Grant Voshell | 12 | Des Moines East | 2/6/2010 | District Meet |
| 86 | 1:9.39 | Bill Fletcher | 10 | WDM Valley | 1/9/2010 | WDM Valley vs CR Washington |
| 87 | 1:9.51 | Josh Hughes | 9 | Cedar Rapids Washington | 1/12/2010 | CRW vs DS |
| 88 | 1:9.61 | Max Ward | 9 | Des Moines Roosevelt | 2/6/2010 | District Meet |
| 89 | 1:9.67 | Ben Claeys | 10 | Pleasant Valley | 1/26/2010 | Muscatine |
| 90 | 1:9.73 | Justin Yuan | 9 | Dubuque Senior | 12/15/2009 | Dubuque Senior vs. Davenport West |
| 91 | 1:9.79 | Fisher Mollet | 10 | Sioux City | 1/26/2010 | South Sioux City @ Sioux City |
| 92 | 1:9.85 | Tim Temperley | 11 | Dubuque Hempstead | 12/15/2009 | Hempstead vs. Clinton |
| 93 | 1:9.87 | Derek Yu | 9 | WDM Valley | 12/3/2009 | WDM Valley vs DM East |
| 94 | 1:9.89 | Jon Hagen | 12 | Ames | 12/18/2009 | Ames vs. DM East |
| 95 | 1:9.92 | Jamie Ethington | 12 | Des Moines Roosevelt | 12/17/2009 | Des Moines Roosevelt vs |
| 96 | 1:9.96 | James Sands | 10 | Cedar Falls | 1/23/2010 | Cedar Falls at MVC |
| 97 | 1:10.14 | Harrison Dunbar | 12 | Des Moines Roosevelt | 2/6/2010 | District Meet |
| 98 | 1:10.14 | Brien Nugent | 9 | Dubuque Hempstead | 1/30/2010 | MVC Fresh / Soph |
| 99 | 1:10.15 | Matt Corbett | 11 | Cedar Rapids Washington | 1/23/2010 | CRW vs CRK |
| 100 | 1:10.18 | James Riley | 9 | Iowa City West | 2/6/2010 | District Meet |
| 101 | 1:10.2 | Dan Garnes | 12 | Ankeny | 12/19/2009 | Mercer Invitational |
| 102 | 1:10.28 | Aaron Scheerer | 9 | Bettendorf | 1/14/2010 | Davenport West vs. Bettendorf |
| 103 | 1:10.34 | Noah Belkhus | 11 | Des Moines Roosevelt | 2/6/2010 | District Meet |
| 104 | 1:10.38 | Keyan Zarei | 12 | Iowa City West | 1/12/2009 | Iowa City West High vs. Iowa City |
| 105 | 1:10.73 | Ben Busch | 12 | Muscatine | 2/6/2010 | District Meet |
| 106 | 1:10.81 | Coire Walker | 12 | Spencer | 2/6/2010 | District Meet |
| 107 | 1:10.84 | Jared Hetzler | 11 | Muscatine | 1/30/2010 | Muscatine Invitational |
| 108 | 1:10.87 | Alec Belin | 11 | Linn-Mar | 2/6/2010 | District Meet |
| 109 | 1:10.92 | David Tank | 12 | Bettendorf | 2/6/2010 | District Meet |
| 110 | 1:10.99 | Steven Best | 11 | Des Moines Lincoln | 1/26/2010 | DM Lincoln at East |
| 111 | 1:11.02 | Kirk Gordon | 12 | Indianola | 1/9/2010 | Indianola at Johnston |
| 112 | 1:11.04 | Adam Hofer | 11 | Ames | 1/14/2010 | Ames vs. Valley |
| 113 | 1:11.06 | Shane Banks | 12 | Davenport Central | 2/6/2010 | District Meet |
| 114 | 1:11.06 | Seth VanderHorst | 11 | Ottumwa | 1/26/2010 | Ottumwa vs Grinnell |
| 115 | 1:11.09 | Scott Ogden | 12 | Southeast Polk | 1/14/2010 | SE Polk vs. Ankent |
| 116 | 1:11.11 | Michael Linnen | 9 | WDM Dowling Catholic | 12/17/2009 | Mason City |
| 117 | 1:11.14 | Mitch Timm | 11 | Des Moines East | 2/6/2010 | District Meet |
| 118 | 1:11.2 | Jeremy Roehrick | 9 | WDM Valley | 1/28/2010 | WDM Valley vs Fort Dodge |
| 119 | 1:11.21 | Nick Michels | 9 | Cedar Falls | 2/6/2010 | District Meet |
| 120 | 1:11.21 | Zach Garlinghouse | 12 | Linn-Mar | 2/6/2010 | District Meet |
| 121 | 1:11.41 | Connor Cope | 9 | Marshalltown | 2/6/2010 | District Meet |
| 122 | 1:11.54 | JD Benson | 9 | WDM Dowling Catholic | 1/19/2010 | DM Lincoln |
| 123 | 1:11.61 | Brooks Wagner | 10 | Muscatine | 12/19/2009 | Clinton Holiday Invite |

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|-------|---------|--------------------|------|----------------------|------------|----------------------------------|
| 124 | 1:11.63 | Luke Duley | 12 | Davenport North | 1/26/2010 | Bettendorf vs. Davenport North |
| 125 | 1:11.68 | James McCourt | 12 | Des Moines East | 12/7/2009 | DM East vs. Johnston |
| 126 | 1:11.73 | Thomas Burrill | 9 | Iowa City West | 12/3/2009 | Iowa City West High vs. Linn-Mar |
| 127 | 1:11.88 | Lucas Slattery | 11 | Carroll | 2/6/2010 | District Meet |
| 128 | 1:12 | Kyle McKim | 10 | Boone | 2/6/2010 | District Meet |
| 129 | 1:12.26 | Nick Stout | 10 | Ankeny | 1/16/2010 | Jim Voss Invitational |
| 130 | 1:12.28 | Noah Kittelson | 12 | Indianola | 1/9/2010 | Indianola at Johnston |
| 131 | 1:12.29 | Devin McMillen | 12 | Southeast Polk | 12/18/2009 | Southeast Polk vs. Marshalltown |
| 132 | 1:12.39 | Dylan Eilertson | 11 | WDM Dowling Catholic | 1/22/2010 | Ankeny |
| 133 | 1:12.43 | Justin Ellingworth | 12 | Bettendorf | 1/26/2010 | North vs. Bettendorf |
| 134 | 1:12.58 | Brad Vannoy | 11 | Southeast Polk | 1/21/2010 | SE Polk vs. Johnston |
| 135 | 1:12.71 | Tyler Beauchamp | 11 | Muscatine | 12/17/2009 | Muscatine vs. Davenport West |
| 136 | 1:12.73 | Josh Adams | 12 | Newton | 2/6/2010 | District Meet |
| 137 | 1:12.74 | Jonah Hatten | 9 | Indianola | 1/9/2010 | Indianola at Johnston |
| 138 | 1:12.8 | Jonathan Duff | 11 | Carroll | 12/18/2009 | Carroll @ Boone |
| 139 | 1:12.89 | Chad Trunnell | 12 | Fort Dodge | 12/17/2009 | Fort Dodge vs. Spencer |
| 140 | 1:12.89 | Mitchell Rogers | 10 | Fort Dodge | 2/6/2010 | District Meet |
| 141 | 1:12.92 | Jared Littlejohn | 9 | Muscatine | 1/16/2010 | Burlington Invite |
| 142 | 1:13.06 | Will Lorentzen | 11 | Des Moines Roosevelt | 1/26/2010 | Roosevelt vs Boone |
| 143 | 1:13.23 | Mark Weineke | 12 | Iowa City West | 1/16/2010 | Burlington Invitational |
| 144 | 1:13.33 | Alex Patch | 11 | Des Moines Roosevelt | 1/30/2010 | Metro Conf Meet |
| 145 | 1:13.43 | Jonathan Fiepke | 9 | WDM Valley | 12/3/2009 | WDM Valley vs DM East |
| 146 | 1:13.45 | Chad Heiman | 12 | Carroll | 2/6/2010 | District Meet |
| 147 | 1:13.49 | Chris Messer | 11 | Mason City | 2/6/2010 | District Meet |
| 148 | 1:13.56 | Raymond Dulaney | 9 | Marshalltown | 1/23/2010 | CIML Iowa Conference Meet |
| 149 | 1:25.56 | Dallas Dornath | 10 | Storm Lake | 2/6/2010 | District Meet |