

**Iowa High School Swim Coaches Association**  
**Boys' Power Ratings**  
**100 Yard Backstroke Top Times**

State Record:0:48.83  
 State Cut-Off:0:57.61

National Record:0:46.75  
 Last Updated: 2/17/2010

Automatic All-American:0:51.92  
 Consideration All-American:0:52.90

Place	Time	Name	Year	School	Date	Meet
1	0:49.63	Dustin Rhoads	12	Ames	2/13/2010	State Meet
2	0:52.93	Austin Abbas	11	Cedar Falls	1/12/2010	Cedar Falls vs Hempstead
3	0:53.64	Brad Waldorf	12	Johnston	2/6/2010	District Meet
4	0:53.98	Lucas Klinker	10	Ankeny	2/6/2010	District Meet
5	0:54.08	Cody Steinkamp	12	Spencer	2/6/2010	District Meet
6	0:54.23	Ian Ford	10	Cedar Rapids Washington	2/13/2010	State Meet
7	0:54.26	Coner Elliott	10	WDM Valley	2/13/2010	State Meet
8	0:54.51	Hueston Holder	12	Grinnell/BGM	2/6/2010	District Meet
9	0:54.54	Haden Calegan	9	Muscatine	2/13/2010	State Meet
10	0:54.78	Michael Brus	12	Davenport North	1/14/2010	Davenport North vs Central
11	0:54.87	Dyaln Stalheim	12	Sioux City	1/23/2010	Lewis Central Invitational
12	0:55.04	Jimmy Kent	12	Muscatine	2/13/2010	State Meet
13	0:55.09	Conner Clements	9	Cedar Falls	2/13/2010	State Meet
14	0:55.51	Kaisen Yao	10	Iowa City West	1/5/2009	Iowa City West High vs. Muscatine
15	0:55.53	Matt Boyd	10	Clinton	1/21/2010	Clinton vs Davenport Central
16	0:55.79	Sam Weinberg	11	WDM Valley	2/13/2010	State Meet
17	0:55.87	Garrett Moses	12	Cedar Falls	1/5/2010	Cedar Falls vs Jefferson
18	0:56.21	Nate Harris	10	WDM Valley	12/19/2009	WDM Valley vs Dowling Catholic
19	0:56.24	Nathan Maloney	12	Decorah	12/12/2009	Marcussen Invitational
20	0:56.24	Brian Bacon	11	Marshalltown	12/17/2009	Des Moines Roosevelt vs
21	0:56.5	Jacob Klinker	10	Ankeny	2/6/2010	District Meet
22	0:56.52	Zach Welp	11	WDM Dowling Catholic	1/30/2010	CIML Conference Meet
23	0:56.73	Tyler Scott	11	Ankeny	2/13/2010	State Meet
24	0:56.75	Ben Severino	9	WDM Dowling Catholic	1/22/2010	Ankeny
25	0:56.93	Jon Hagen	12	Ames	1/21/2010	Ames vs. Ft. Dodge
26	0:56.95	Jason Orvis	10	Decorah	2/6/2010	District Meet
27	0:57	Hunter Hofmaier	10	Des Moines Lincoln	2/13/2010	State Meet
28	0:57.01	Brian Hershey	11	WDM Valley	2/6/2010	District Meet
29	0:57.23	Sean Ross	12	Des Moines East	2/6/2010	District Meet
30	0:57.35	Luuk Dekkers	12	Ames	12/15/2009	Ames vs. Boone
31	0:57.42	Brady St.John	10	Iowa City	2/6/2010	District Meet
32	0:57.58	Colby Kubat	12	WDM Dowling Catholic	12/3/2009	DM Roosevelt
33	0:57.61	Austin Nicholson	11	Linn-Mar	2/6/2010	District Meet
34	0:57.71	Tyler Beauchamp	11	Muscatine	2/6/2010	District Meet
35	0:57.75	Alex Dvorak	12	Davenport Central	2/6/2010	District Meet
36	0:57.79	Michael Stark	10	Ames	2/6/2010	District Meet
37	0:57.88	John Beck	11	Pleasant Valley	12/1/2009	PV vs IC
38	0:57.92	Kanoe Russell	12	Iowa City	1/23/2010	MVC Supermeet
39	0:58.08	Sam Wiedemeier	11	Ames	12/3/2009	Ames vs. Ankeny
40	0:58.13	Morgan Barnes	10	Cedar Rapids Washington	1/19/2010	CRW vs CRK
41	0:58.19	Jacob Weiss	11	Mason City	2/6/2010	District Meet

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42	0:58.33	Jake Raecker	12	Waterloo West	2/6/2010	District Meet
43	0:58.44	Matt Remy	9	Pleasant Valley	2/6/2010	District Meet
44	0:58.47	Cameron Herting	11	Iowa City	1/19/2010	City-Cedar Falls
45	0:58.48	Stephen Schmidt	11	WDM Dowling Catholic	2/6/2010	District Meet
46	0:58.82	Josh Kehoe	11	Cedar Rapids Washington	2/6/2010	District Meet
47	0:58.82	Brandon Ehrecke	10	Pleasant Valley	2/6/2010	District Meet
48	0:58.87	Alec Moore	11	Southeast Polk	2/6/2010	District Meet
49	0:58.91	Dallas Creger	11	Decorah	2/6/2010	District Meet
50	0:58.93	Fisher Mollet	10	Sioux City	2/6/2010	District Meet
51	0:59.11	Tyler Hemingway	10	Clinton	1/28/2010	Clinton vs Pleasant Valley
52	0:59.13	Will Horvat	12	Pleasant Valley	1/26/2010	Muscatine
53	0:59.15	Chris Jasper	11	Bettendorf	2/6/2010	District Meet
54	0:59.25	Michael Lyon	12	Cedar Rapids Kennedy	12/22/2009	CR Kennedy @ Linn-Mar
55	0:59.42	Tyler Calegan	11	Muscatine	12/17/2009	Muscatine vs. Davenport West
56	0:59.44	Connor Huff	10	Dubuque Senior	1/16/2010	Senior vs Hempstead
57	0:59.51	Joe Bruen	10	Fort Dodge	2/6/2010	District Meet
58	0:59.59	Brady Stern	10	Cedar Falls	2/6/2010	District Meet
59	0:59.72	Ben Boeckman	11	Carroll	2/6/2010	District Meet
60	0:59.74	Mitch Gill	10	Dubuque Senior	2/6/2010	District Meet
61	0:59.77	Wesley Clark	11	Des Moines Roosevelt	2/6/2010	District Meet
62	0:59.84	John Richardson	9	Cedar Rapids Kennedy	2/6/2010	District Meet
63	0:59.86	Tim Trautmann	12	Ottumwa	2/6/2010	District Meet
64	0:59.93	Logan Barnes	9	Cedar Rapids Washington	2/6/2010	District Meet
65	1:.05	Ross Turner	10	Des Moines Roosevelt	2/6/2010	District Meet
66	1:.06	James Svoboda	11	Carroll	12/15/2009	Carroll vs. Fort Dodge/Spencer
67	1:.13	Jake Sund	9	Cedar Falls	1/16/2010	Cedar Falls at Voss Invit
68	1:.14	Nate Johnson	12	WDM Dowling Catholic	2/6/2010	District Meet
69	1:.26	Ben Weideman	11	Iowa City	12/17/2009	City-Cedar Rapids Washington
70	1:.41	Justin Yuan	9	Dubuque Senior	2/6/2010	District Meet
71	1:.43	Charlie Hogan	12	WDM Valley	1/18/2010	WDM Valley vs Marshalltown
72	1:.5	Drew Turner	12	Des Moines Roosevelt	2/6/2010	District Meet
73	1:.5	Will Rabedeaux	10	Muscatine	1/30/2010	Muscatine Invitational
74	1:.55	Ross Winget	10	Johnston	2/6/2010	District Meet
75	1:.62	Tyler Cracraft	9	Johnston	2/6/2010	District Meet
76	1:.66	Brett Deters	10	Ankeny	1/30/2010	Ankeny v. CIML Central Conference
77	1:.66	Derek Yu	9	WDM Valley	1/9/2010	WDM Valley vs CR Washington
78	1:.81	Colin Pearson	10	Fort Dodge	1/14/2010	Ft. Dodge vs Lincoln and Boone
79	1:.84	James Kent	12	Des Moines Hoover-North	12/3/2009	SEP v. DMHN
80	1:.95	Eric Ferring	12	Dubuque Senior	1/16/2010	Senior vs Hempstead
81	1:.95	Nile Willey	10	WDM Dowling Catholic	1/30/2010	CIML Conference Meet
82	1:1.11	Nick Bruce	0	Boone	1/21/2010	Boone Vs. Newton

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83	1:1.13	Blake Johnson	12	Johnston	1/11/2010	Johnston v Dowling Catholic Dual
84	1:1.25	Andrew Fiepke	12	WDM Valley	1/28/2010	WDM Valley vs Fort Dodge
85	1:1.27	Sam Gorsche	11	Indianola	1/9/2010	Indianola at Johnston
86	1:1.45	Alex Guelcher	10	Sioux City	12/10/2009	Sioux City vs South Sioux City
87	1:1.48	Duncan Eichelberger	12	Muscatine	1/19/2010	Muscatine @ Dav. North
88	1:1.64	Cole Kearney	11	Dubuque Senior	2/6/2010	District Meet
89	1:1.69	Ben Loeffelholz	11	Dubuque Hempstead	12/5/2009	J-Hawk Relays
90	1:1.69	Wes Peters	9	Linn-Mar	12/15/2009	Linn-Mar VS. Jefferson
91	1:1.71	Matt Burke	10	Ames	2/6/2010	District Meet
92	1:1.73	Paul Jindrich	11	Muscatine	12/17/2009	Muscatine vs. Davenport West
93	1:1.81	Kieran Sweeney	11	Southeast Polk	1/14/2010	SE Polk vs. Ankent
94	1:1.88	Brian Ross	10	Johnston	12/7/2009	Johnston v East Dual
95	0:62.06	Matt Burnham	10	Pleasant Valley	2/6/2010	District Meet
96	1:2.13	Austin Schantz	10	Cedar Rapids Kennedy	2/6/2010	District Meet
97	1:2.27	Glenn VanStaalduine	10	Marshalltown	2/6/2010	District Meet
98	1:2.28	Collin Kramer	11	Iowa City West	2/6/2010	District Meet
99	1:2.31	James Luth	11	Muscatine	12/17/2009	Muscatine vs. Davenport West
100	1:2.37	Tim Temperley	11	Dubuque Hempstead	12/17/2009	Hempstead vs. Platteville/Lancaster
101	1:2.41	Brian Kopec	11	Cedar Rapids Washington	1/19/2010	CRW vs CRK
102	1:2.52	Taylor McCloskey	11	Southeast Polk	12/15/2009	Southeast Polk vs.Indianola vs. DM
103	1:2.6	Karl Larsen	12	Decorah	1/16/2010	Rusty Garst Invitational Fort Dodge
104	1:2.61	Todd Anderson	12	Ottumwa	2/6/2010	District Meet
105	1:2.64	Jim McCormack	11	Fort Dodge	12/7/2009	Ft. Dodge vs. Indianola
106	1:2.64	Gregor Quayle	12	Newton	12/15/2009	Newton vs Ottumwa
107	1:2.8	Mitchell Wiemers	10	Spencer	2/6/2010	District Meet
108	1:2.92	Dan Cunningham	9	WDM Dowling Catholic	1/30/2010	CIML Conference Meet
109	1:2.93	Ben Kurz	10	Council Bluffs Abraham	12/15/2009	Abraham Lincoln vs Ralston
110	1:3.04	Michael Linnen	9	WDM Dowling Catholic	12/3/2009	DM Roosevelt
111	1:3.1	Michael Stock	11	Sioux City	1/26/2010	South Sioux City @ Sioux City
112	1:3.19	Aubrey Roland	10	Des Moines East	2/6/2010	District Meet
113	1:3.35	Sam Nilsson	11	Bettendorf	2/6/2010	District Meet
114	1:3.39	Kristian Anderson	10	Cedar Rapids Jefferson	1/19/2010	CRJ vs ICW
115	1:3.42	Fenner Hengst	12	Bettendorf	1/14/2010	Davenport West vs. Bettendorf
116	1:3.54	Justin Ellingworth	12	Bettendorf	2/6/2010	District Meet
117	1:3.72	Alec Belin	11	Linn-Mar	2/6/2010	District Meet
118	1:3.73	Cameron Marks	11	Muscatine	1/30/2010	Muscatine Invitational
119	1:3.76	Jake Menke	9	Southeast Polk	1/17/2010	Ram Relays
120	1:3.83	Ben Miller	10	WDM Dowling Catholic	1/19/2010	DM Lincoln
121	1:3.96	Matt Miglioransa	11	Dubuque Hempstead	2/6/2010	District Meet
122	1:3.98	Brian Fuchs	11	Dubuque Hempstead	1/9/2010	Mustang Invite
123	1:4.18	Joe Farrell	10	Johnston	12/19/2009	Mercer Invaitonal

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124	1:4.19	Karl Rosenquist	12	Iowa City West	12/3/2009	Iowa City West High vs. Linn-Mar
125	1:4.28	Dusty Smith	11	Boone	1/17/2010	Ram Relays
126	1:4.29	Christian McKee	11	Cedar Rapids Kennedy	2/6/2010	District Meet
127	1:4.3	Jordan Shoesmith	10	Carroll	2/6/2010	District Meet
128	1:4.32	Sean Determan	12	Clinton	12/15/2009	Clinton vs Dub. Hempstead
129	1:4.36	Matt Swanson	11	Davenport Central	1/19/2010	United Township vs Davenport
130	1:4.59	Chandler Heisler	9	Cedar Rapids Kennedy	1/12/2010	CR Kennedy v. CR Jefferson
131	1:4.64	Randy Mueller	10	Dubuque Hempstead	2/6/2010	District Meet
132	1:4.64	Nick Dimenstein	11	WDM Valley	1/28/2010	WDM Valley vs Fort Dodge
133	1:4.69	Thomas Carmody	12	WDM Dowling Catholic	12/17/2009	Mason City
134	1:4.82	Kenny Suh	11	WDM Valley	12/3/2009	WDM Valley vs DM East
135	1:4.82	Scott Reeve	11	WDM Valley	1/18/2010	WDM Valley vs Marshalltown
136	1:4.94	Michael Cornwell	9	Cedar Falls	2/6/2010	District Meet
137	1:5	Lucas Pietan	11	Waterloo East	2/6/2010	District Meet
138	1:5.03	Brendan Weberg	10	Cedar Rapids Washington	1/12/2010	CRW vs DS
139	1:5.16	Cory Brietzke	11	Council Bluffs Abraham	2/6/2010	District Meet
140	1:5.17	Jacob Meyer	11	Cedar Rapids Washington	1/23/2010	CRW vs CRK
141	1:5.24	Mark Polle	12	Sioux City	12/17/2009	Sioux City vs Storm Lake
142	1:5.26	Evan Tuisl	11	Clinton	1/14/2010	Clinton vs Muscatine
143	1:5.28	John Mahlstede	9	Marshalltown	2/6/2010	District Meet
144	1:5.35	Tom Weible	9	WDM Valley	12/15/2009	WDM Valley @ Mason City
145	1:5.37	Kasra Zarei	9	Iowa City West	1/30/2010	MVC Sophomore
146	1:5.43	AJ Meyer	11	Dubuque Hempstead	2/6/2010	District Meet
147	1:5.49	Cam Bridges	10	Ames	1/23/2010	CIML Iowa Conference Meet
148	1:5.53	Skyler Gerritson	12	Sioux City	12/3/2009	Sioux City vs Spencer vs CB Abe
149	1:5.55	Daniel Dai	11	Iowa City West	2/6/2010	District Meet
150	1:19.39	Kieran Cullen	11	Storm Lake	2/6/2010	District Meet